

Componentes fitoquímicos de las especies botánicas de rumex, plantas de uso medicinal

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Resumen:

Se efectúa una revisión bibliográfica de los diversos trabajos científicos publicados sobre las especies botánicas de Rumex, haciendo especial hincapié en las características de los componentes fitoquímicos de las mismas. Es necesario resaltar la presencia entre nuestra flora endémica de la especie botánica *Rumex lunaria Linneaus*, usada popularmente, entre otros fines, para acciones cicatrizantes. La práctica inexistencia de trabajos científicos sobre nuestro representante botánico, objeto de esta revisión bibliográfica, nos permite orientar en el futuro investigaciones experimentales y clínicas acerca de su comportamiento, eficacia y rentabilidad en el manejo de situaciones patológicas relacionadas con la cicatrización de heridas y úlceras cutáneas.

Palabras clave:

Botánica. Fitoquímica. Rumex. Planta medicinal.

Introducción

El reino vegetal ha constituido, clásicamente, un dispensario para la ciencia de una gran cantidad de productos de uso medicinal. Así, hasta el siglo XVIII, el 68% de los medicamentos usados estaban integrados, total o parcialmente, por drogas de origen vegetal. Esto justifica la preeminencia que la ciencia de las plantas ejercía sobre la medicina y el que fueran médicos y farmacéuticos los impulsores de la Botánica en aquellos tiempos⁽¹⁾.

A lo largo del siglo pasado, el desarrollo espectacular de la Química con la síntesis de productos farmacológicos, hace decaer el interés por las plantas medicinales aunque persiste la necesidad de seguir obteniendo sustancias natura-

les para sintetizar nuevos productos en el laboratorio. A este requerimiento se ha unido el desarrollo, en los últimos años, de la medicina naturalista que ha mantenido el interés por los estudios fitoquímicos⁽²⁾.

La medicina popular, no obstante, mantuvo su creencia en la virtud curativa de una gran variedad de plantas, muchas de las cuales nunca fueron utilizadas por la medicina científica o profesional. La aplicación popular de las plantas medicinales, con bastantes dosis de curanderismo y de ciencia oculta, acentuó el menosprecio de la ciencia ortodoxa hacia los remedios a base de hierbas guardando, sin embargo, un importante fondo de conocimientos tradicionales sobre las virtudes medicinales de las plantas⁽³⁾.

Plantas medicinales

En nuestro archipiélago se ha desarrollado una amplia y diversa flora silvestre de carácter endémico o naturalizada que ha sido utilizada con diversos fines terapéuticos⁽⁴⁾, destacando por el uso popular de las mismas aquellas con aplicación en la cicatrización de heridas y úlceras cutáneas (*Aeonium urbicum*, *Aloe vera L.*, *Caléndula arvensis L.*, *Ceropegia dichotoma Haw.*, *Hedera helix ssp. canariensis Willd.*, *Hypericum canariensis L.*, *Ilex canariensis S.L.*, *Rumex lunaria L.*, *Scrophularia glabrata*, *Visnea mocanera L.P.*, etc.)

Componentes fitoquímicos de las especies de rumex

De todas las especies botánicas señaladas, nos centraremos en resaltar, tras la correspondiente revisión bibliográfica, cuáles son los componentes fitoquímicos analizados y descritos por los diversos autores en las especies botánicas de Rumex (Tabla 1), representada en nuestra flora por el endemismo *Rumex lunaria Linneaus*⁽⁴⁾.

Conclusiones

Tras la realización de esta revisión bibliográfica sobre los componentes fitoquímicos de las diversas especies botánicas de Rumex podemos concluir que los mismos pertenecen mayoritariamente al grupo fitoquímico de las antraquinonas (presente en cincuenta de las sesenta especies botánicas referenciadas). El segundo lugar lo ocupa el grupo de las flavonoides (presente en veintidós especies), seguido por el de los ta-

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ninos (21 especies). En doce especies botánicas se comprueba la presencia de los grupos fitoquímicos de los esteroles y los azúcares, seguido por el de los ácidos grasos y los aminoácidos (10 es-

pecies). Los ácidos carboxílicos fueron identificados en ocho especies y en cuatro los compuestos terpénicos. Así pues, al quedar identificados los diferentes grupos fitoquímicos de las diversas espe-

cies botánicas de *Rumex* nos permite conocer sus propiedades farmacológicas y, por tanto, poder orientar en la terapéutica sus aplicaciones tanto a nivel experimental como clínico.

TABLA 1
Componentes Fitoquímicos de las especies botánicas de *Rumex*

Especies de <i>Rumex</i>	Componentes Fitoquímicos	Autores
<i>abyssinicus</i>	antraquinonas (crisofanol, emodina, reocrisina, palmidina C)	Fassil (5), Midiwo (6)
<i>acetosa</i> L.	giberelinas (Gas) (C20-Gas-GA18, GA38 y GA23, GA1, GA4, GA9, GA19, GA20, GA53), aminoácidos, proteínas, carotenos, minerales, aminoácidos esenciales, lípidos, flavonoides, ácido pantoténico, piridoxina, nepodina, emodina, reocrisina, crisofanol, polisacáridos, catequinas, antraglicósidos, taninos, oxalatos, fibra, pentosa	Gregg (7), Purdir (8), Sors (9), Lyuft (10), Aritomi (11), Bagrii (12), Salikhov (13), Sharma (14), Ito (15), He (16), Tamano (17), Kato (18), Slapkauskaitė (19), Ladeji (20, 21), Pilipenko (22), Saleh (23), Rijnders (24), Xiong (25, 26), Stokes (27)
<i>acetosella</i> L.	oxalatos (ácido oxálico, potasio binoxalato), emodina, citreoroseina, crisofanol, luteolina, citoquinas (similar a isopenteniladenina, adenosina, zeatina, zeatina ribósido), antraquinonas	Orlandini (28), Brazdova (29), Martinod (30), Jelic (31), Culafic (32), Choe (33)
<i>acutus</i> L.	ácido L-treónico	Helsper (34)
<i>alpinus</i> L.	antraquinonas (reocrisina, crisofanol, emodina, nepodina, diantronas, ácido crisofánico, reemodina, crisofaneina, reocrisina, reocrisidina, reoemodina, aglucona X, glucoemodina, antracenoglicósidos), taninos catequinas, naftalenos, benzenos, glucosa, fructosa, galactosa, rhamnosa	Schlemmer (35), Czetsch-Lindenwald (36), Budzik (37, 38), Lukic (39), Adam (40, 41, 42), Bagrii (43), Krmelova (44), Salikhov (13), Bauch (45), Csajtai (46), Babulka (47), Elmazova (48), Van den Berg (49), Chubinidze GD (50)
<i>angustifolius</i>	antraquinonas	Demirezer (51)
<i>bequaertii</i>	antraquinonas (crisofanol, emodina, reocrisina, nepodina)	Midiwo (6)
<i>britannicus</i>	antraquinonas	Rada (52)
<i>bucephalophorus</i>	resveratrol, estilbenos, antraquinonas, flavonoides	Rada (52, 53, 54), El-Fattah (55), Kerem (56)
<i>chaleensis</i> Mill.	antraquinonas, flavonoides glicosados, crisofanol, emodina, parietina, aloe emodina, nepodina, reocrisina	He (16), Hasan (57, 58, 59), Fang (60)
<i>confertus</i> Willd.	antraquinonas, polisacáridos (glucosa, fructosa, sacarosa, arabinosa, xylosa, galactosa, ácido glucurónico), lípidos, flavonoides, astragalina,	Khazanovich (61, 62), Chumbalov (63, 64), Bagrii (12, 65), Brazdova (29), Salikhov (13), Bargman (66), Sayed (67), Stanescu (68, 69),

Species de Rumex	Componentes Fitoquímicos	Autores
	isoquerctrina, crisofaneina, criso-fanol, emodina, frangulina, reocri-sina, ácido palmítico, ácido crisofá-nico, taninos, ácido ascórbico, sus-tancias resinasas, catequinas	Csajtai (46), Rada (54), Grigorescu (70), Mukhamed'yarova (71), Khomova (72), Glukhovetskaya (73), Danilova (74)
conglomeratus	flavonas, antraquinonas, taninos	Sors (9), Lyuft (10), Niculescu (75), Rada (76), García (77)
crispus L.	antraquinonas (crisofanol, reocrisi-na, emodina, nepodina, crisofanei-na, frangulina, reocrisina) proantocianidinas (cianidina, catequina, epicatequina), ácido ascórbico, pro-teínas, lípidos, N, P, Fe, Ca, Na, Mn, oxalatos, antocianinas, antracenos, antranolas, taninos, ácido crisofáni-co, ácido fosfórico, antronas, oxala-tos, glucosa, fructosa, fitosterol, áci-do palmítico, ácido esteárico, ácido erúcico, ácidos grasos insaturados y saturados, terpeno	Beal (78), Murayama (79), Sors (9), Lyuft (10), Peyer (80), Domsky (81), Raffo (82), Bagrii (12), Brazdova (29), Koukol (83), Sparrow (84), Leveau (85), Sayed (67), de Siqueira (86), He (16), Midiwo (6), Alan (87), Panciera (88), Dabi-Lengyel (89), Demirezer (90, 91, 92), Wiese (93), Gunaydin (94)
cristatus	antraquinonas (emodina, reocrisi-na, crisofanol, reina, aloe-emodina y -hidroxiemodina)	Erturk (95)
cyprius Murb.	antraquinonas (crisofanol, emodi-na), flavonas (isovetexina, orienti-na, isoorientina, quer cetina)	El-Fattah (96), Nanba (97), Al-Nuri (98)
dentatus Linn.	antraquinonas, ácidos grasos	Elkeiy (99), Sayed (67), Bhadoria (100), Khan (101), Liu (102)
dictyocarpus	emodina, crisofanol, quer cetina, querctrina	Guo (103)
domesticus	antraquinonas	Rada (52), Grznar (104)
ecklonianus	fitosterol, ramlol, ácidos palmítico, esteárico, oleico, linoléico, linolénico, isolinolénico, ipuranol, kaem-perol, ácido crisofárico, emodina, d-fenilglucosa	Tutin (105)
flexuosus	antraglicósidos	Krmelova (44)
gracilescens Rech.	antraquinonas	Demirezer (51, 91, 106)
gmelini Turcz.	antraquinonas, resveratrol, daucoste-rol, sacarosa, ácido p-hidroxicinámico	He (16), Kang (107), Wang (108)
Ginii	antraquinonas	Rada (52, 54)
hastatus D. Don	fenoles, taninos, antraquinonas	Tiwari (109), Makkar (110)
híbrido lumeikesi	proteínas, vitamina C, carotenos	Xiong (111)

Especies de Rumex	Componentes Fitoquímicos	Autores
<i>hydrolapathum</i> Huds.	antraglicósidos, antraquinonas, an-tocianinas, taninos	Sors (9), Czetsch-Lindenwald (36, 112), Olszewski (113), Rada (52, 54)), Sparrow (84), Labadie (114, 115), Csajtai (46)
<i>hymenosepalus</i> Torr	antraquinonas (emodina, crisofanol, reocrisina), β -sitosterol, taninos, leucodelfinidina, leucopelargonidina, leucocianidina, ácido benzoico, ester polifenólico	Cole (116), Buchalter (117, 118), Rada (76), Flores (119), Domínguez (120)
<i>intermedius</i>	ácido oxálico, ácido málico, ácido ascórbico	Ruthsatz (121)
<i>japonicus</i> Houtt.	emodina, nepodina, reocrisina, crisofanol, ácido crisofánico, quinolonas, musizina, reocrisina, antimicrobianos (2-metoxiestipandrona, tracrisona), naftoquinonas, proteínas, grasa, carbohidratos, aminoácidos, aceites esenciales (1,2-diacetina), ácidos grasos, β -sitosterol, flavonas, antifúngicos (naftaleno)	Aritomi (11), Odani (122), Endo (123), He (16), Miyazawa (124, 125), Itabashi (126), Nishina (127, 128), Kim (129), Zee (130), Sun (131) Li (132)
<i>japonicus</i> var. <i>hadrocarpus</i>	crisofanol, reocrisina, emodina, taninos	Xu (133)
<i>Rumex crispus</i> var. <i>japonicus</i> Mak. (<i>japonicus</i> Meisn)	ácido crisofánico, emodina	Murayama (79)
k-1 (híbrido)	lípidos, proteínas, flavonas, carbohidratos, vitaminas, fenoles, polisacáridos, antraquinonas	Omarova (134), Khodzhaeva (135)
<i>luminiastrum</i> Jaub & Spach	crisofanol, reocrisina, emodina, crisofanina, emodina-A-8-O-glucósido, kaempferol-7-ramnoglucósido, quercimeritrina, orientina	El-Fattah (136)
<i>lunaria</i>	taninos, ácido oxálico, oxalatos, antraquinonas	Pérez de Paz (4)
<i>maderensis</i>	taninos, ácido oxálico, oxalatos	Pérez de Paz (4)
<i>maritimus</i> L.	antraquinona, cromona, flavona, reocrisina, emodina, β -sitosterol, β -sitosterol- β -D-glucósido	Brazdova (29), Rada (54), Agarwal (137), Ahmed (138)
<i>mexicanus</i>	antraquinonas	Rada (52)
<i>nepalensis</i> Spreng.	antraquinonas, β -sitosterol, nepodina, emodina, reocrisina, crisofanol	Suri (139), He (16), Khetwal (140)
<i>nepalensis</i> Wall.	crisofanol, emodina, reocrisina, luteol, sitosterol, musizina, orientalona	Sharma (141)

Especies de Rumex	Componentes Fitoquímicos	Autores
nervosus Vahl.	D-glucosa, ácido D-glucurónico, glucosa, sacarosa, fructosa, arabímosa, rhamnosa, xylosa, galactosa, aminoácidos libres, aminoácidos protéicos, ácidos cítrico, tartárico y succínico, taninos, flavonas, β -sitosterol, ácidos linolénico, esteárico y palmitólico	Shalaby (142)
obtusifolius L.	antraquinonas (nepodina, emodina, aloe-emodina, reocrisina, crisofanol, crisofaneina, frangulina, reocrisina), α -Glutamil-péptidos, 3-(2-furoyl)-alanina, ácido ascorbalámico, ácido crisofánico, alfa-picolina, carbohidrato, Ca, P, aminoácidos (alanina, metionina), citoquinas (zeatina, kinetina), giberelinas, glucósidos	Veronesi (143), Wilkinson (144), Bowman (145), Elkeiy (99), Brazdova (29, 146), Felipe (147), Van Staden (148), Haslett (149), Rada (53, 54), Sayed (67), Voigtlaender (150), Kasai (151), He (16), Arellano (152), Nashiki (153, 154)
odontocarpus	taninos	Sors (9)
orientalis Bernh.	antraquinonas (nepodina, emodina, tricosanol, orientalona), β -sitosterol	Rada (76), Sharma (155), Grznar (104), Suri (156)
palustris Sm.	taninoss	Sors (9)
patientia L.	estigmasterol, α -asarina, reocrisina, emodina, nepodina, crisofanol, xantonina, arctiina, kaempferol, quercetina, isorhamnosa, flavonas, antraquinonas, taninos, ácido gálico, catequinas, naftalenos (patentósido A y B, rumexosidolabadosido, orientalósido), flavonas, vitamina C, ácido abscísico, β -sitosterol, catequinas	Sors (9), Lyuft (10), Schlemmer (35), Muskat (157), Rada (158), Csajtai (46), He (16), Zhang (159), Su (160, 161), Demirezer (162, 163), Kuruuzum (164), Yuan (165), Gao (166)
paulsenianus	ácidos oxigenados, β -sitosterol, campesterol, estigmasterol, antraquinonas (crisofanol, reocrisina, aloe-emodina)	Gusakova (167, 168)
pictus Forssk.	flavonas, alcaloides dipertenos (orientinina, acorentina, panicudina), taninos	Salama (169, 170, 171)
pulcher L.	antraquinonas, taninos, kinetina, adenina, emodina, pulcheremodina, ácido crisofánico, ácido pulchérinico	Emmanuel (172), Back (173), Csajtai (46), Harborne (174)
rechingerianus Losinsk.	antraquinonas	Taraskina (175), Vysochina (176, 177), Gontar (178)
ruwenzoriensis	antraquinonas	Midiwo (6)
sanguineus	antraquinonas, antocianina, taninos	Sors (9), Lyuft (10), Sparrow (84), Krmelova (44), Grznar (104)

Especies de Rumex	Componentes Fitoquímicos	Autores
scutatus	antraquinonas	Krmelova (44), Demirezer (179)
stenophyllus	nepodina, emodina, reocrisina, criso-fanol	He (16)
thyrsiflorus	flavonas (rutina, hiperina), antra-quinonas	Rada (52), Volkhonskaya (180)
tianschanicus Losinsh.	esculetina, Ca, P, K, ácido carboxílico, aminoácidos, Mn, Fe, Zn, Cu, B, Mo, carbohidratos, taninos, caroteno, ácido ascórbico, polifenoles, flavonas, catecolaminas, leucoantocianidinas	Chumbalov (181), Yakubov (182, 183), Lysenko (184, 185), Pershukova (186), Pipinys (187, 188), Vitkus (189), Smaliukas (190), Zaitsev (191), Klyshev (192), Pribytkova (193)
tingitanus L.	antraquinonas (crisofanol, reocrisina, emodina, aloe-emodina, criso-faneina), flavonas (apigenina, luteolina, catequina)	Zaghoul (194)
usambarensis	antraquinonas (crisofanol, reocrisina, emodina)	Midiwo (6)
venosus	oxalatos	Dickie (195)
vesicarius L.	taninos, esteroles, triterpenos, carbohidratos, antraquinonas (crisofanol, emodina, reocrisina, reina), flavonas (apigenina, isoorientina, isovitexina, luteolina, orientina, quer-cetina, vitexina), esteroles (β -sitosterol, estigmasterol, campesterol, co-esterol), ácidos grasos (hexanoico, octanoico, nonanoico, decanoico, undecanoico, dodecanóico, tridecanóico, mirístico, pentadecanóico, palmítico, palmitoléico, heptadecanoico, esteárico, linoléico, linolénico y araquídico), aminoácidos	Rai (196), Tiwari (197), Easa (198), Bishr (199)
wallichii	antraquinonas (crisofanol, emodina)	Ciulei (200)

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