

## Foreword

It is a pleasure to present the Proceedings of the I World Congress of Public Health Nutrition and VII Congreso de la Sociedad Española de Nutrición Comunitaria. Nutrition and public health are two constantly evolving scientific areas that are continually being updated and revised. Whenever the results of new epidemiologic studies are made available, they generate controversy and debate, making these fields of study very lively.

In awareness of the interrelationship between nutrition and public health, and of the lack of specific forums in which professionals from both fields can meet, the Spanish Society of Community Nutrition (SENC) and the International Union of Nutritional Sciences (IUNS) decided to bridge the gap by organizing the I World Congress of Public Health Nutrition in Barcelona, Spain, in September 2006. The presence of prestigious international professionals willing to share their knowledge provided a unique opportunity for all of the specialists who work in these fields to learn, exchange information, and share their own experiences for the good of the health for all. The proceedings presented here include a selection of the best presentations from this meeting

and represent the individual and collective effort of all the authors.

It is our hope that this supplement will provide stimulating reading material and that the I World Congress of Public Health Nutrition is just the start of an effective and close relationship between professionals in the fields of nutrition and public health. We think the discussions and critical analyses that took place in Barcelona and are presented here will help refocus the day-to-day work of professionals in the important field of public health nutrition, renew commitments to the poorer inhabitants of the world, and increase awareness of the need for creative contributions to the field through teaching, research, and community action. Collectively, we strive for a bigger and better future for public health nutrition at a global level. Here's to the advancement of science and global partnerships!

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