



Stage-dependent trace metal bioaccumulation in *Scomber colias* across the ontogenetic transition

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ABSTRACT

Habitat transitions linked to ontogeny can markedly alter contaminant exposure in marine fishes, yet their effects on trace-metal bioaccumulation remain poorly quantified. This study examines how the shift from pelagic to benthic habitats shapes muscle concentrations of aluminium (Al), cadmium (Cd), copper (Cu), iron (Fe), lead (Pb) and zinc (Zn) in the Atlantic chub mackerel *Scomber colias*, a key commercial species in the NE Atlantic. A total of 201 individuals from artisanal fisheries in the Canary Islands were classified as young (<28 cm total length, TL) or mature (≥28 cm TL) adults. Segmented regressions, non-parametric tests, multivariate analyses, functional metal ratios and a Potential Ecological Risk Index were applied. Metal concentrations increased sharply with size, with mature adults showing approximately 6-, 2-, 2.5- and 2-fold higher levels of Cd, Pb, Fe and Zn, respectively, than young adults. Breakpoints in the length–metal relationships occurred between 22.4 and 35.6 cm TL, defining a tipping size near 28 cm that coincides with the onset of benthic feeding. Environmental monitoring and seafood safety risk assessment as well as fisheries management are directly impacted by these findings.

1. Introduction

Metal and trace element contamination of marine ecosystems concerns scientists because it persists, bioaccumulates, and affects aquatic organisms through the trophic web (Cravo and Bebianno, 2005; Saidon et al., 2024). Non-essential metals, and essential metals in high concentrations, unlike many other pollutants, do not undergo biological degradation, and their tissues' build-up in marine organisms may disrupt important physiological functions such as renal function, reproduction, larval development, and redox homeostasis. In this sense, commercially important species play a key role as bioindicators and as a critical source of contaminants to humans (Company et al., 2010; Dallinger and Prosi,

1988).

Many different factors shape the patterns of metal bioaccumulation in teleost fishes such as size, age, sex, diet, habitat, as well as trophic behavior (DeForest et al., 2007; Tsui et al., 2009). During their lifecycle, many marine species undergo ecological shifts linked to different ontogeny and/or biological stages, which implies great changes in the physicochemical environments, in the availability of prey and/or in adaptive physiological mechanisms. Among these drivers, ontogenetic changes in habitat and diet can radically modify the physico-chemical environment experienced by fish, altering both metal bioavailability and uptake routes. As individuals move from pelagic to benthic domains, they encounter different sediment regimes, prey assemblages and redox

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conditions, which together can restructure metal kinetics and storage in tissues. However, the specific contribution of such habitat shifts to trace-metal profiles remains poorly quantified in marine fishes that alternate between pelagic and benthic phases (Karimi et al., 2016; Madigan et al., 2018). These changes potentially influence metal exposure and kinetics. As a result, divergent contamination profiles throughout the lifecycle occur (Endo et al., 2008; Guerriero et al., 2018; Mille et al., 2018; Perugini et al., 2014). In this context, several studies have described ontogeny-related ecological shifts in small and medium pelagic fish, such as migrations to specific habitats for reproductive purposes (Jesus, 1992; Menezes et al., 2006), and depth segregation among size groups (Lorenzo Nespereira, 1992). These ontogenetic shifts are considered a potentially critical determinant of their trace-metal bioaccumulation patterns, yet relatively few studies have explicitly addressed this phenomenon (Báez et al., 2019; Lozano-Bilbao et al., 2020b).

The Atlantic chub mackerel, *Scomber colias*, is an adequate species to study this issue, since it is a pelagic, has ecological and commercial importance, and wide distribution in the Atlantic Ocean and the Mediterranean Sea (Martins et al., 2013; Navarro et al., 2012; Parietti et al., 2025; Sbiba et al., 2024). In *S. colias*, juveniles and young adults inhabit epipelagic waters and feed predominantly on zooplankton, whereas larger adults progressively exploit near-bottom habitats and prey on demersal crustaceans and cephalopods (Chouvelon et al., 2011; Cossa et al., 2012). This ontogenetic habitat shift not only increases contact with metal-rich sediments but also promotes a dietary shift toward higher-trophic-level prey that tend to carry greater metal burdens, making *S. colias* an ideal model to investigate how pelagic–benthic transitions shape metal bioaccumulation.

Notwithstanding the copious literature concerning bioaccumulation

in metal in fish, studies assessing how ecological ontogenetic variations in organisms modifies metal profiles throughout species alternating between pelagic and benthic phases remain scarce (Jakimska et al., 2011; Le Croizier et al., 2016a; Mziray and Kimirei, 2016; Ramos-Miras et al., 2019), and any work has addressed this question in a multiscale perspective. This framework melds strong statistical analyses, denotes functional toxicity, and gauges ecological risk. This informational deficit constrains the way we are able to construe fish contamination statistics precisely and compels us to undervalue intraspecific biological diversity (Le Croizier et al., 2016b; Mason et al., 2000; Maz-Courrau et al., 2012; Younis et al., 2015).

Under the hypothesis that the ontogenetic transition from a younger adult phase to a mature adult phase of *S. colias* produces marked changes in muscle trace-metal content, the aim of the present study was to quantify how this pelagic–benthic habitat shift affects (i) concentration and co-accumulation patterns of six trace metals, (ii) functional metal ratios related to toxicity and oxidative stress, and (iii) the potential ecological risk associated with each life stage.

2. Material and methods

2.1. Samples collection

A total of 201 Atlantic chub mackerel specimens were obtained during 2021 and 2022 from commercial landings produced by the artisanal fleet operating around Tenerife and Gran Canaria, in the Canary Islands (Fig. 1). Fish were captured using two fishing gears: purse seine, which yielded the smaller individuals (15.73–28.00 cm in length), and handline, which captured the larger specimens (31.10–45.56 cm). These different fishing gears are used in two fishing operations, since

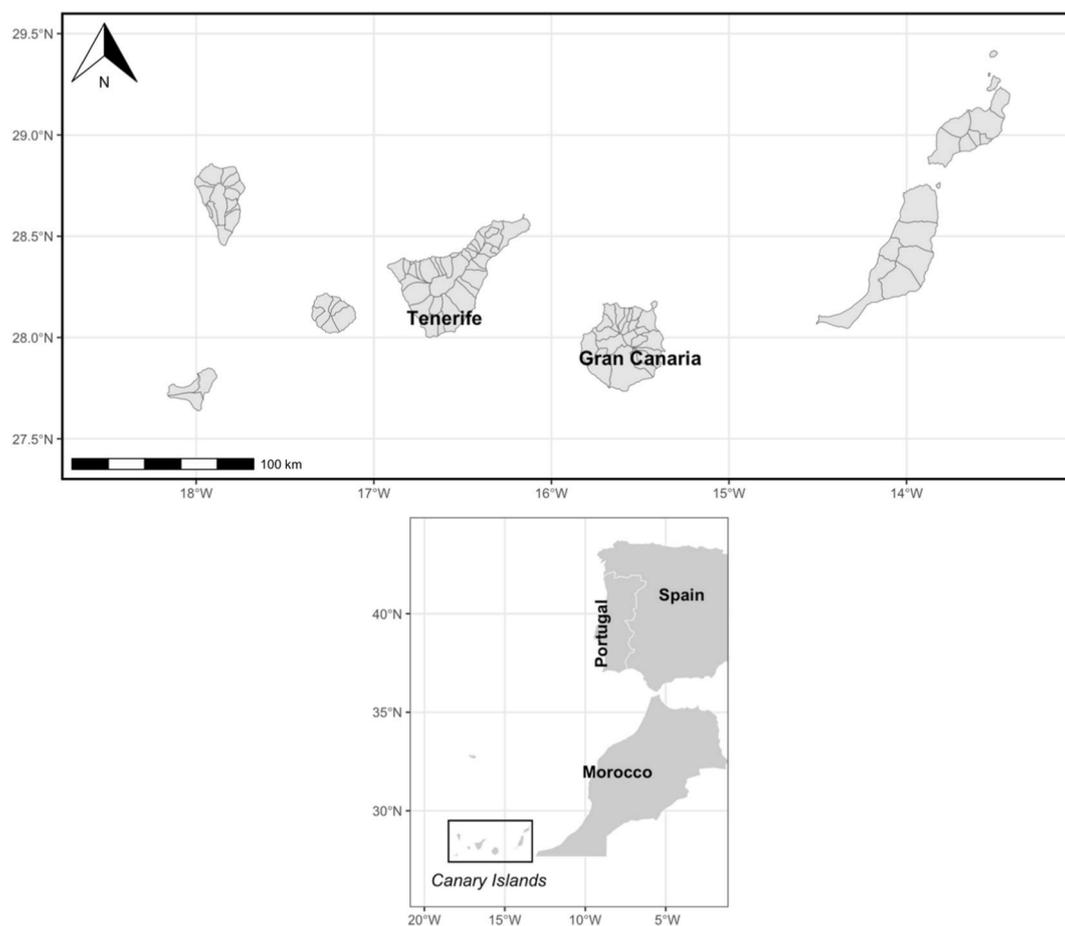


Fig. 1. Geographical location of the islands where the Atlantic chub mackerel individuals used for this study were collected.

purse-seiners generally operates in daily trips close to the coast and handlines are used in longer trips, often targeting greater sizes known to inhabit seamounts in closer areas (Jesus, 1992; Menezes et al., 2006).

After their acquisition, fish were transported to the laboratory on ice to ensure that all specimens remained in comparable optimal condition, wherein total length (TL, cm) was recorded, and dorsal muscle specimens devoid of skin and bone were extracted for subsequent chemical analysis.

2.2. Sample preparation

Firstly, the muscle tissue underwent a 24-h desiccation process inside an oven at 80 °C in order to eliminate samples' moisture. Then, the samples were subjected to a temperature of 450 °C ± 25 °C for 24 to 48 h within a muffle furnace, until they turned into white ashes lacking organic matter. Once the ashing process was complete, the samples were dissolved and filtered in a 1.5% nitric acid (HNO₃) solution, which prevents metal amalgamation, and finally diluted to a final volume of 25 ml. The samples were kept in sterile polypropylene containers and labelled.

The samples' metallic concentration was analysed via inductively coupled plasma optical emission spectrophotometry (ICP-OES), using the Thermo Scientific ICAP 6300 Duo model with an Auto Sampler (CETAX model ASX-520) from Waltham, MA, United States. To evaluate the precision of these determinations, quality control measures were taken and gauged every ten samples. Calibration curves (5 points) were prepared from multi-element standards in the same acid matrix, and each batch included procedural blanks and certified reference materials (DORM-1 and DORM-5) from the National Research Council of Canada, attaining values from 97.1% to 103.2%. Furthermore, instrumental detection and quantification thresholds were determined subsequent to our analysis of 15 designated substances under repeatability circumstances according to the equipment's instrumental reaction (Table 1). Three replicate readings per sample were averaged for each element. The samples were analysed alongside benchmark comparison substances, including blanks. Elements concentrations were obtained for Al, Cd, Cu, Fe, Pb, and Zn, in milligrams by tissue kilogram (wet weight) (Bakircioglu et al., 2013; Khan et al., 2013; Tyler and Yvon, 1995).

2.3. Statistical analysis

The trace metals' contents of Al, Cd, Cu, Fe, Pb, Zn in *S. colias* and their bioaccumulation relationship with the fish size were performed in R environment 4.3.1 (R-Core Team, 2025) and Python 3.11, using a significance threshold of $\alpha = 0.05$. Data were transformed, when appropriate, to meet the assumptions of the statistical tests (de Micheaux et al., 2014; Destefanis et al., 2016; Matloff, 2011; Scavetta and Angelov, 2021).

- Segmented Regression

To model possible inflection points in the relationship between total length (TL) with metal concentration, segmented regression models were assayed using the following bilinear model:

Table 1
Limits of detection and quantification of each metal measured by ICP-OES.

Wavelengths of each metal	Detection limit (LD) (µg/L)	Limit of Quantification (LQ) (µg/L)	Recovery (%)
Al (167.0 nm)	4	12	97.1
Cd (226.5 nm)	0.3	1	99.4
Cu (327.3 nm)	4	12	99.1
Fe (259.9 nm)	3	9	98.9
Pb (220.3 nm)	0.3	1	103.3
Zn (206.2 nm)	2	7	100.1

$$Y = \beta_0 + \beta_1 \cdot TL_1 + \beta_2 \cdot TL_2 + \varepsilon$$

W. here Y is the dependent variable under study; β_0 , β_1 , and β_2 are the regression coefficients; ε is the random error term; TL_1 is the linear term for total length (= minimum TL, break); TL_2 is the quadratic term for total length (= maximum 0, TL - break).

- Univariate analysis between habitats

Each metal concentration was compared between young (<28 cm, caught by purse seine) and mature (≥28 cm, caught by handline) adults of *S. colias*. Because the data showed strong skewness and high kurtosis, we used the Mann-Whitney U test, a non-parametric procedure that compares whether two independent samples come from the same distribution without assuming normality or homoscedasticity. The direction of the observed effects was consistent, and no p values were close to the chosen significance threshold.

- Multivariate Analysis

Principal Component Analysis (PCA) was employed in unsupervised multimetal pattern exploration. To prevent from disparities due to varying initial quantities, every variable was transformed via Z scores.

A Linear Discriminant Analysis (LDA) was used to categorize the specimens according to the metal profiles determined.

- Correlation in metals' bioaccumulation

To explore coaccumulation patterns of trace metals in the tissues of *S. colias*, bivariate Pearson correlations were employed using their normalized concentrations. Metal concentrations were normalized using a fourth-root transformation, which reduces the influence of extreme values and helps stabilize variance across samples. This methodology allowed to assess the orientation and magnitude of the linear relationships between pairs of metals. This assessment provides understanding into potential common routes toward uptake, transport, or physiological deposit. In each size grouping, both pelagic and benthic, we computed the Pearson correlation coefficient (r) for every potential metal pairing, analysed distinctly to determine structural variances within the coaccumulation network pertaining to the ontogenetic habitat transition. Values of p below 0.05 constituted the threshold for statistical importance.

- Functional Metal Ratios

The metal ratios Cu/Zn and Cd/Pb were explored to analyse possible links with metabolic derangements or stress processes to aggregated exposure. Zinc constitutes a vital enzymatic and structural antioxidant while surplus copper may provoke oxidative stress via the genesis of reactive oxygen species. Cu/Zn ratio functioned as a marker regarding intracellular redox disruption. In contrast, the Cd/Pb ratio signified comparative renal detriment since cadmium manifests superior organ-selective noxiousness inside of excretory tissues and persistently bioaccumulates to a greater extent than lead.

- Potential Ecological Risk Index (PERI)

The Potential Ecological Risk Index (PERI) was calculated following the methodology described by Hakanson (1980), adapted for biological matrices, so that each metal's concentration and toxic potential are combined into a single metric. The specific risk for each element was obtained with the expression:

$$E_{ri} = T_{ri} C_i / C_{background}$$

where E_{ri} is the ecological risk index for metal i ; T_{ri} is its toxicity

coefficient ($C_d = 30$; $P_b = 5$; $C_u = 5$; $F_e = 5$; $Z_n = 1$; $A_l = 1$); C_i is the muscle concentration in mg/kg; and $C_{background}$ is the background value, defined as the median observed in the young adults group. The total PERI, or global risk index, was obtained by summing all E_{ri} .

The results were interpreted using Hakanson's thresholds: $E_{ri} < 40E_{ri}$ indicates low risk; $40 \leq E_{ri} < 80$, moderate risk; $80 \leq E_{ri} < 160$, considerable risk; $160 \leq E_{ri} < 320$, high risk; and $E_{ri} \geq 320$, very high risk. This approach identifies which metals pose the greatest relative threat to organisms and the ecosystem.

3. Results

The summarised descriptive statistics of the muscle trace metals concentrations and morphometrics of the analysed *S. colias* are shown in Table 2.

Segmented regression analysis revealed clear discontinuities within the correlation between total length (TL) and metal concentrations showing high concentrations in the accumulation phase throughout fish ontogeny. The models fit to the data quite closely, with the determination coefficients (R^2) between 0.93 and 0.97 (Table 2). Regarding Cd, the main change in slope occurred at 22.4 cm, while Al showed a similar inflection at 22.9 cm, indicating an early onset of increased bioaccumulation. Cu and Pb showed inflection points at 25.8 cm and 26.7 cm, respectively. These tipping points might indicate progressive shifts in habitat utilization. Iron exhibited a unique configuration as the gradient altered remarkably at 30.5 cm (Table 2) (Fig. 2).

Individuals were classified as young adults because the estimated size at first maturity is approximately 19 cm (Jurado-Ruzafa et al., 2021). In addition, the 28 cm threshold was selected because it yields a clear separation of groups in the PCA, and individuals of this size were considered mature given their proximity to the size at Maccos9 maturation reported in the same study (Jurado-Ruzafa et al., 2021). Young adults (<28 cm) presented a mean TL of 21.54 ± 4.09 cm (range 15.73–28.00 cm) while mature adults (>28 cm) achieved a TL of 36.83 ± 3.24 cm (range 31.10–45.56 cm). The Al proportion augmented by approximately 225% in the group of mature adults. Cd augmented six-fold, increasing from 0.005 mg/kg to 0.029 mg/kg. This is an outstanding discovery considering cadmium's elevated toxicity, although it exists at diminished concentrations. Cu and Fe displayed noticeable increases from 1.08 mg/kg to 2.64 mg/kg, and from 8.75 mg/kg to 21.58 mg/kg, respectively. Pb concentrations increased from 0.067 mg/kg to 0.124 mg/kg. Finally, Zn concentrations were beyond twofold in the mature adults' group, reaching 11.60 mg/kg.

Analysis of metal concentrations in *S. colias* revealed noticeable differences linked to fish size. The studied metal concentrations substantially augmented in the mature adults (≥ 28 cm). For the U-Mann Whitney test, the p-value resulted $< 10^{-31}$ for each assessment (Table 2). Segmented-regression analysis pinpointed definitive alterations within metal accretion with respect to TL (Table 2).

At the multivariate level, principal component analysis (PCA), an ordination technique that summarizes variation in a set of correlated variables into a few synthetic axes, highlighted the separation between

young and mature adults in factorial space, with the first two axes explaining more than 70% of the total variance (Fig. 3). The metals Al, Fe and Zn contributed most strongly to the primary gradient, indicating that these elements are key drivers of the multi-metallic profile, which achieved an overall classification accuracy above 95% (Fig. 3). The model displayed high sensitivity for the group of bigger fish and high specificity for the smaller fish group, underscoring the reliability of metal bioaccumulation as an ecological marker.

Correlation analysis of metal concentrations unveiled connections that diverged substantially among fish groups. Regarding the general scope, given that r exceeded 0.80, important positive correlations were observed among Al, Fe and Zn, implying either co-accumulation or else a shared environmental source is influencing them. Ordinarily, correlations weaker and more dispersed with r values rarely exceeding 0.60, existed among young adults. Conversely, the mature adults' group presented a uniform configuration. A powerful Zn–Cu correlation ($r = 0.89$ - mature adults) underscored this trend alongside a very strong Fe–Al bond ($r = 0.92$ - young adults) (Fig. 4).

The functional metal ratios displayed trends that were physiologically relevant. On account of its indication of redox equilibrium, the Cu/Zn ratio was elevated within mature adult fish (0.244 vs 0.199), implying a transition toward more oxidative-stress conditions. The Cd/Pb proportion, showed a mean value of 0.235 in mature adults as opposed to a value of 0.065 in the younger ones. Results appeared throughout a wider assessment in proportions like Zn/Fe as well as Cu/Fe, although with diminished explicit physiological validation (Table 3).

The potential ecological risk index (PERI) showed that mature adult fish accumulate Cd and Pb at levels that place them in the “considerable” and “high” risk categories, respectively. The overall risk index (E_{ri} for mature adults was 223, which corresponds to a high ecological threat under Hakanson's classification. In contrast, young adults scored markedly lower ($E_{ri} = 84$), reinforcing the existence of gradual pattern in contaminant exposure. The multi-metal fingerprint, represented as a heat-map ordered by TL (Fig. 5), distinctly showed the way that each metal concentration progressively augmented as fish grew. Cd, Al, and Pb followed this tendency quite markedly, as their signal intensities increased in the direction of the larger sizes. The average spider diagram for benthic organisms displayed a broader and more vertically elongated profile. Particularly prominent disparities existed within Fe, Cd, also Zn. Subsequently, the co-accumulation network connected greatly more in the benthic group since nodes were densely linked, especially among Fe, Al, Zn and Pb. While the pelagic network fragmented further and feeble correlations.

4. Discussion and conclusions

Our results therefore support the view that the pelagic–benthic transition constitutes a critical bottleneck for metal accumulation in *S. colias*, where simultaneous changes in habitat, prey and physiology converge to amplify tissue metal loads. This study confirms that trace-metal bioaccumulation profiles experience a deep transformation in *S. colias* around a size of roughly 28 cm TL. The transition is clear not

Table 2

Descriptive statistics (mean \pm standard deviation (min–max)) of the metal content (mg/kg of wet weight) in *S. colias*. Other statistical analyses used a p-value $< 0.05^*$ (U-Mann Whitney, Segmented regression).

	Capture		U-Mann Whitney test	Segmented regression	
	Purse seine	Handline		Breaking Point (cm)	R^2
Total length (cm)	21.54 ± 4.09 (15.73–28.00)	36.83 ± 3.24 (31.10–45.56)	-	-	-
Al	5.75 ± 1.93 (3.32–10.52)	18.86 ± 2.64 (11.70–24.23)	5.01e-32*	22.9	0.95
Cd	0.005 ± 0.004 (0.001–0.014)	0.029 ± 0.007 (0.015–0.043)	5.01e-32*	22.4	0.97
Cu	1.08 ± 0.23 (0.86–1.73)	2.64 ± 0.53 (1.94–4.47)	5.00e-32*	25.8	0.96
Fe	8.75 ± 1.10 (6.40–11.39)	21.58 ± 5.87 (11.97–39.57)	5.01e-32*	30.5	0.95
Pb	0.067 ± 0.009 (0.035–0.087)	0.124 ± 0.017 (0.092–0.174)	5.01e-32*	26.7	0.94
Zn	5.45 ± 0.59 (1.90–6.51)	11.60 ± 4.61 (6.23–22.72)	5.48e-32*	35.6	0.93

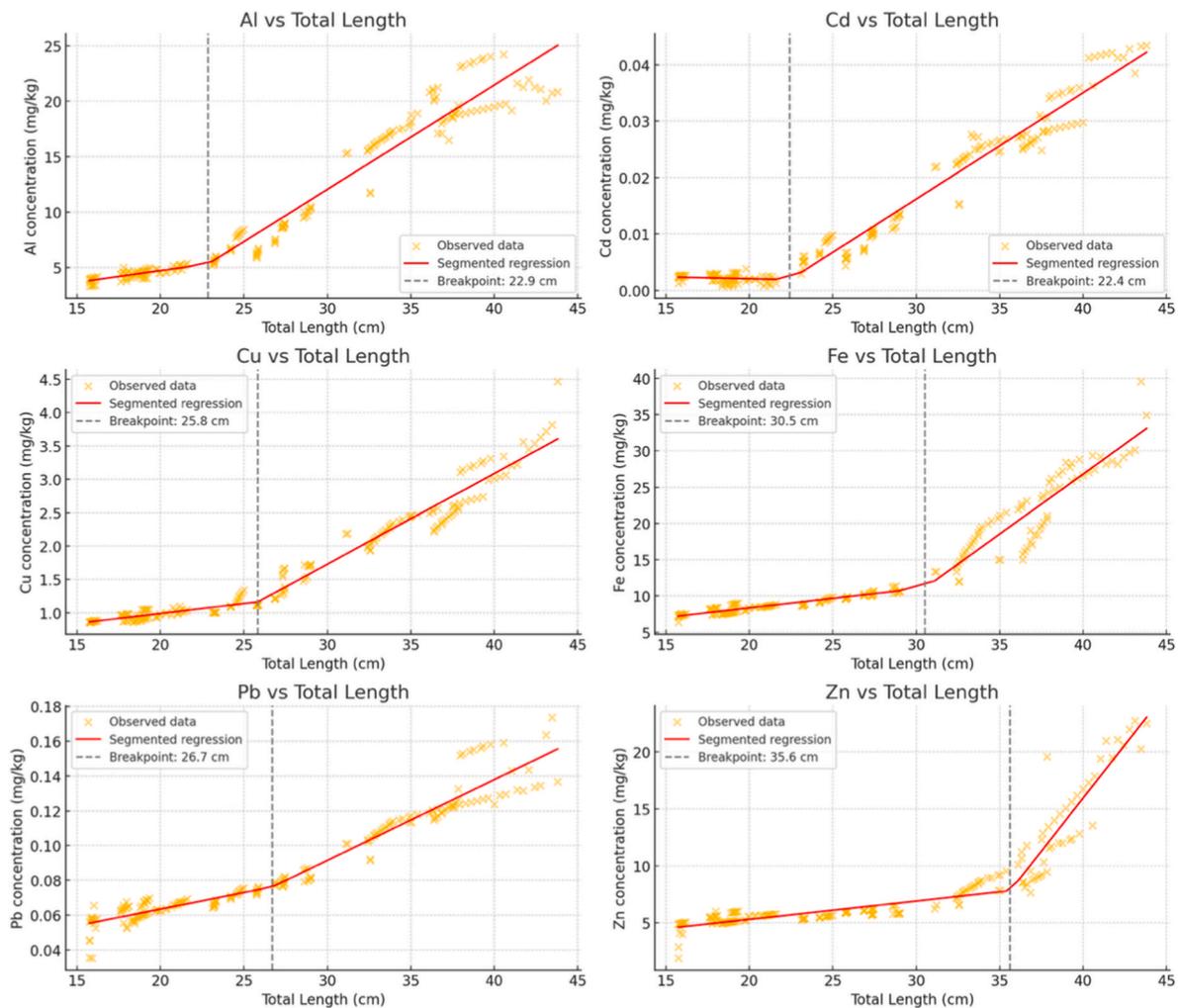


Fig. 2. Segmented regression graphs for each metal concentration found in *S. colias* in relation to total length. The grey segmented lines indicate the breakpoints. Breakpoint and R^2 values for each model are reported in [Table 2](#).

only in each element's absolute concentrations but also in the way the metals interact, and how they bioaccumulate in the muscle, probably reflecting ecological pressures, physiological adaptations, and local environmental conditions (Bánfalvi, 2011; Castro-González and Méndez-Armenta, 2008; Saidon et al., 2024; Stillman, 1995; Tvermoes et al., 2015). Principal component analysis (PCA) clearly discerns young and mature adults. PCA elucidates >70% of the variance upon the first two axes, indicating the shift is abrupt rather than gradual. Younger adult Atlantic chub mackerel (<28 cm) primarily feed on zooplankton and therefore exhibit low cumulative metal contents, with relatively low concentrations of Cd (0.005 mg/kg), Fe (8.75 mg/kg) and Zn (5.45 mg/kg). In contrast, Cd, Fe and Zn concentrations increase markedly in mature adults, a pattern that is consistent with, although does not by itself prove, a dietary shift toward larger demersal prey occupying higher trophic levels and typically exhibiting higher metal loads. Existing diet studies for *S. colias* and related species support this interpretation, but direct dietary and isotopic data would be required to confirm the relative contribution of trophic vs. environmental pathways in this system.

(Bouzzammit et al., 2022a; Ferreira et al., 2020; Gushchin and Corten, 2017). This alteration is supported by in morphofunctional substantiation.

Throughout its lifecycle, *S. colias* exhibits the following pattern: juveniles and young adults inhabit shallower, open-water habitats (pelagic phase), whilst larger adults generally migrate toward benthic zones, where they prey on demersal organisms (Lorenzo Nespereira, 1992).

This habitat shift may considerably alter contaminant exposure, altering the intrinsic physiological processes concerning trace elements and metal absorption, allocation, and elimination (Fátima et al., 2015; Keč and Zorica, 2013; Velasco et al., 2011; Villamor et al., 2017a). The observed variance in metal composition and inter-metal correlations suggests that the seabed substrate not only increases metal bioavailability but also concentrates trace substances, thereby enhancing bioaccumulation in bottom-dependent organisms.

Benthic organisms exhibit a robust, systematic co-accumulation pattern that appears to be linked to diet, thereby driving increased and synchronized metal uptake (Clements et al., 2000; Frontalini and Coccioni, 2008; Luoma and Carter, 2020; Ryu et al., 2011). Segmented regression analyses corroborate that this alteration manifests at tipping sizes: Cd and Al disrupt prematurely at about 22 cm TL, whereas Fe changes direction at 30.5 cm TL. Bioaccumulation shows changes in the accumulation slope ($R^2 > 0.94$), suggesting distinct eco-physiological stages; therefore, it does not increase linearly with body size. Certain elements seem to denote this shift at smaller sizes, while others incorporate more deeply into the benthic ecosystem (Chakraborty et al., 2014; Cibic et al., 2012; Hwang et al., 2019; Kumar et al., 2020; Lens et al., 2005). This ontogenetic shift is mirrored physiologically by an increase in the Cu/Zn ratio from 0.199 to 0.244, a recognised indicator of oxidative stress that reflects a relative rise in pro-oxidant Cu over antioxidant Zn. Likewise, the Cd/Pb ratio rises from 0.065 to 0.235, suggesting a disproportionate accumulation of Cd, which has been associated with enhanced tissue retention and potential renal

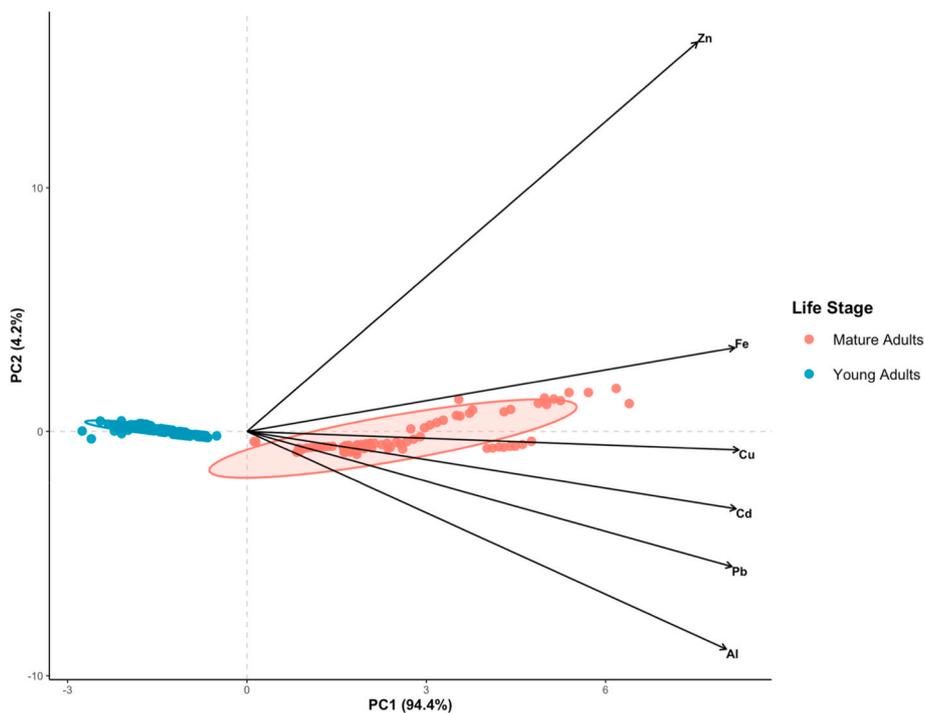


Fig. 3. Principal Component Analysis (PCA) biplot of trace metal concentrations in *Scomber colias*. The figure displays the ordination of individual specimens (young adults <28 cm in cyan, mature adults ≥28 cm in red) according to the first two principal components. Vectors represent the contribution and direction of each metal variable in the multivariate space. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

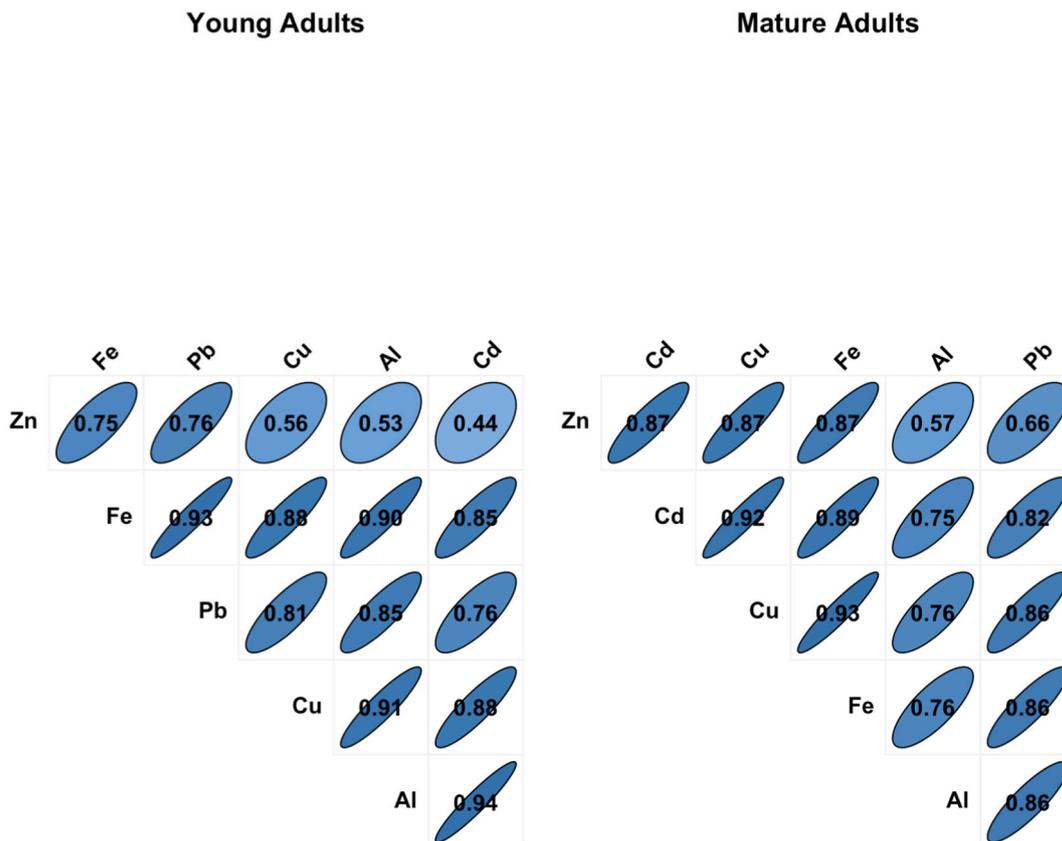


Fig. 4. Pearson correlation matrices ($p < 0.05$) for trace metal concentrations in young and mature *Scomber colias*. The figure shows pairwise correlation coefficients among metals. Ellipses illustrate the strength and direction of correlations, with the size and elongation of the ellipses indicating the magnitude of the relationship.

Table 3
Mean \pm sd (standard deviation) values for the metal ratios Cu/Zn and Cd/Pb found in *S. colias*.

	Cu/Zn	Cd/Pb
Mature adults	0.244 \pm 0.047	0.235 \pm 0.031
Young adults	0.199 \pm 0.040	0.065 \pm 0.042

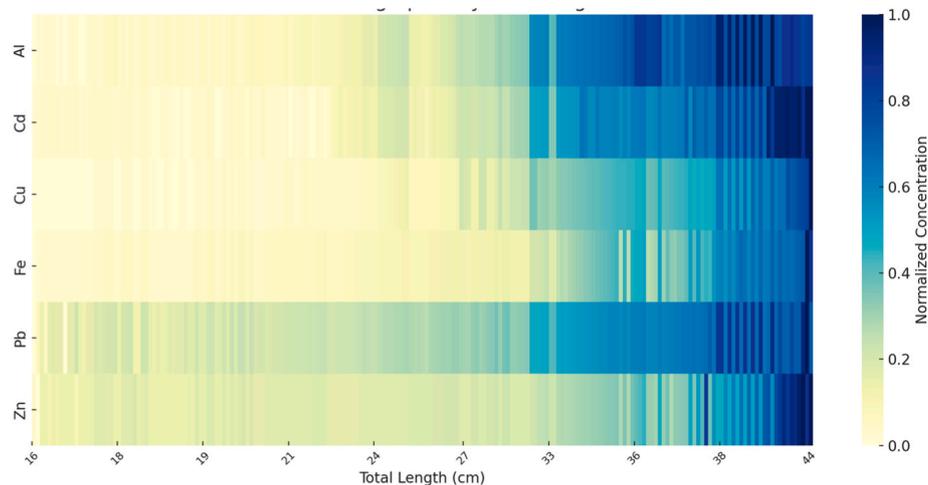


Fig. 5. Multi-metal fingerprint graph with the normalized mean for each metal and sizes (TL). Each column corresponds to an individual specimen arranged by increasing TL, and each row represents one metal. The color scale indicates normalized concentration values, with darker shades representing higher normalized levels. (For interpretation of the references to color in this figure legend, the reader is referred to the Web version of this article.)

impairment (Javed and Usmani, 2013; Rahman et al., 2019; Silva and Martinez, 2007). This shift is consistent with maturity-related changes that can increase the integration of exposure pathways and reinforce physiological regulation of uptake, internal distribution, and retention (Rainbow, 2007). Overall, the data support stage-dependent bioaccumulation dynamics rather than a simple, size-proportional increase (Charles et al., 2020; Heithaus and Vaudo, 2004; Lozano-Bilbao et al., 2023; Scott et al., 2012).

These ontogeny changes also impacted the ecological risk index (PERI): elevated Cd along with Pb concentrations chiefly cause mature adults of *S. colias* to reach the high-risk category (Eri = 223), while young adults remain at moderate levels (Eri = 84). This disparity shows that environmental conditions can shape the adult stages. As individuals mature and their reproductive capacity increases, benthic habitats may become more important as spawning areas because they can offer better access to key micronutrients such as Fe and P, more stable temperatures, and physical structure that can support courtship and mating behaviour, while surface turbulence is less influential along the migratory route (Ciannelli et al., 2015; Lall and Kaushik, 2021; Taylor et al., 2019). A shift in habitat use may also reduce parasite pressure, particularly from pelagic ectoparasites, which could lower energetic costs before reproduction (Afonso et al., 2008; Caddy, 2008; Kime, 1995). Behavioural processes may also promote movement toward near bottom habitats. Juveniles may follow older individuals to feeding grounds, and feeding related sounds and substrate vibrations can act as aggregation cues. These mechanisms can facilitate the ontogenetic transition by improving foraging efficiency. (Brazenor et al., 2020; Pryor and Casto, 2017).

S. colias is a high commercially valued species (Baye Braham et al., 2021), thus the accumulation of toxic metals within it is concerning (Artemenkov et al., 2021; Villamor et al., 2017b). This accrual throughout the mature adult phase may pose a hazard to human consumers and higher-level predators, particularly where muscle concentrations approach or exceed regulatory limits for fish muscle (0.30 mg/kg wet weight for Pb and 0.05 mg/kg for Cd in the EU (EFSA, 2011; 2010)). Such concern is supported by existing regulatory thresholds that explicitly link maximum permissible metal levels to fish size or life stage,

thereby constraining consumption for larger, older individuals. In this framework, relating the observed body burdens to health-based guidance values, such as the tolerable weekly intake for Cd of 2.5 μ g/kg body weight, provides a direct measure of dietary risk for frequent consumers. Therefore, *S. colias* may serve as a useful bioindicator of benthic metal contamination, given the stable multi-metal profile documented in benthic-feeding specimens, particularly in benthic systems subjected to anthropogenic impact (Bouzzammit et al., 2022b; Duarte et al., 2025; Lozano-Bilbao et al., 2024b, 2024a; Rivas-Mena et al., 2024; Valente et al., 2025).

From a broader ecological perspective, the ontogenetic pattern observed in *S. colias* is consistent with niche-shift theory, whereby changes in space use and trophic level during growth reconfigure both resource acquisition and contaminant exposure (Sánchez-Hernández et al., 2019). In this species, the transition from a pelagic, zooplanktivorous phase to a benthic, higher-trophic-level phase resembles patterns described for other marine fishes in which life-history transitions amplify biomagnification of metals and other pollutants. Such stage-structured exposure has important implications for food-web models and for the design of monitoring programmes targeting life stages that act as contaminant “bottlenecks” in marine ecosystems (Kraemer et al., 2012; Oros, 2025).

In order to illuminate intrinsic detoxification processes, subsequent studies should integrate stable-isotope analysis ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$) to quantify more accurately trophic variations, and using molecular methodologies (e.g., transcriptomics of metallothioneins and antioxidant enzymes). Since clear seasonal, interannual and geographical patterns have been observed for the Atlantic chub mackerel, these fluctuations should also be considered in further analyses, furthermore, environmental-monitoring protocols coupled with fisheries management protocols (Domínguez-Petit et al., 2025; ICES, 2021). This study has some limitations. First, we inferred dietary and habitat shifts from published information and size structure rather than from direct data (e.g. stomach contents, stable isotopes or telemetry). Second, sampling was restricted to two years and two islands, which may not capture the full spatial and interannual variability in metal exposure. Finally, we

focused on muscle tissue only; including liver, gill and kidney would provide a more complete picture of metal dynamics and detoxification. Future work combining biochemical, isotopic and tagging approaches across seasons and regions would help to refine these inferences.

CRedit authorship contribution statement

Enrique Lozano-Bilbao: Writing – review & editing, Writing – original draft, Visualization, Software, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **José M. Lorenzo:** Writing – original draft, Validation, Methodology, Investigation. **José A. González:** Writing – original draft, Supervision, Investigation. **Alba Jurado-Ruzafa:** Writing – review & editing, Writing – original draft, Visualization, Data curation. **Arturo Hardisson:** Writing – original draft, Supervision, Software, Resources, Project administration, Funding acquisition. **Dailos González-Weller:** Writing – original draft, Software, Project administration, Methodology. **Soraya Paz:** Writing – review & editing, Resources, Investigation, Data curation. **Carmen Rubio:** Writing – original draft, Supervision, Data curation. **Ángel J. Gutiérrez:** Writing – review & editing, Visualization, Validation, Supervision, Methodology, Formal analysis, Conceptualization.

Consent to participate

For the study, no animals had to be killed, so it is not applicable.

Ethics approval

All authors declare that the use of animals for this research complies with the requirements of the European legislation on the use of animals for experimentation with the Code of Practice for Housing and Care of Animals Used in Scientific Procedures.

Consent for publication

The authors consent the publication of this study.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.envpol.2026.127880>.

Data availability

Data will be made available on request.

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