

Use of corticosteroids during treatment in dogs infected with *Dirofilaria immitis*: Is it a risk or a benefit?

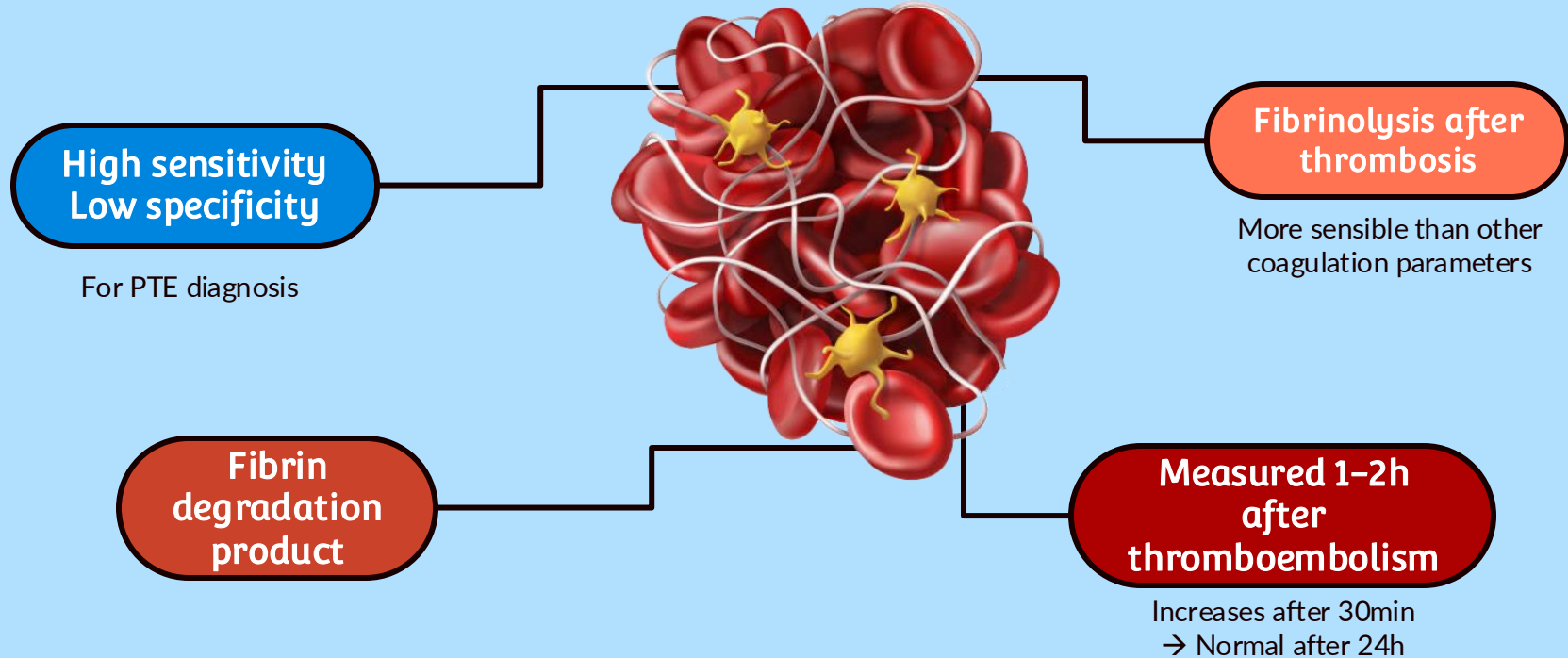
Costa-Rodríguez N¹, Morchón R², Morales BR¹, Vera-Rodríguez DJ¹, Montoya-Alonso JA¹, Carretón E¹.

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INTRODUCTION: D-Dimer



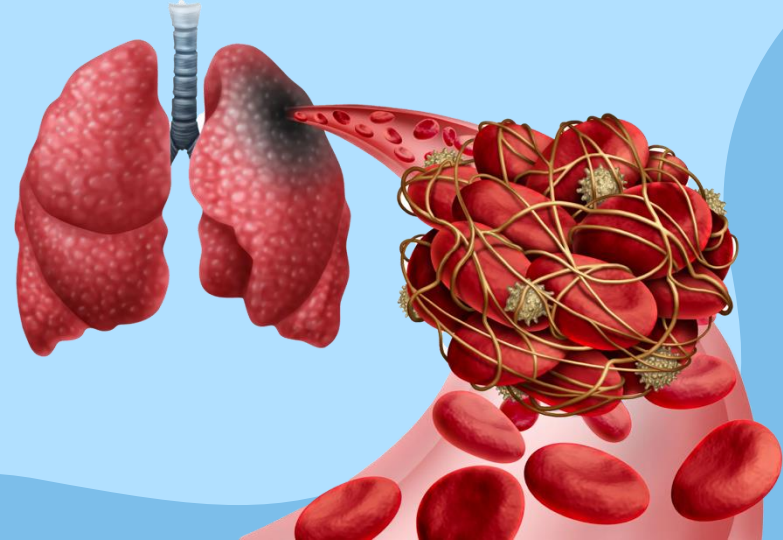
INTRODUCTION: Pulmonary Thromboembolism (PTE) risk



Parasite load → obstruct normal blood flow → promotes blood clots → higher risk

Occlusion of arterial vessel → stops normal blood flow to distal region

- ↳ BUT ventilation continues causing:
- Alveolar dead space
 - Imbalance ventilation-perfusion
 - Hypoxemia and hyperventilation



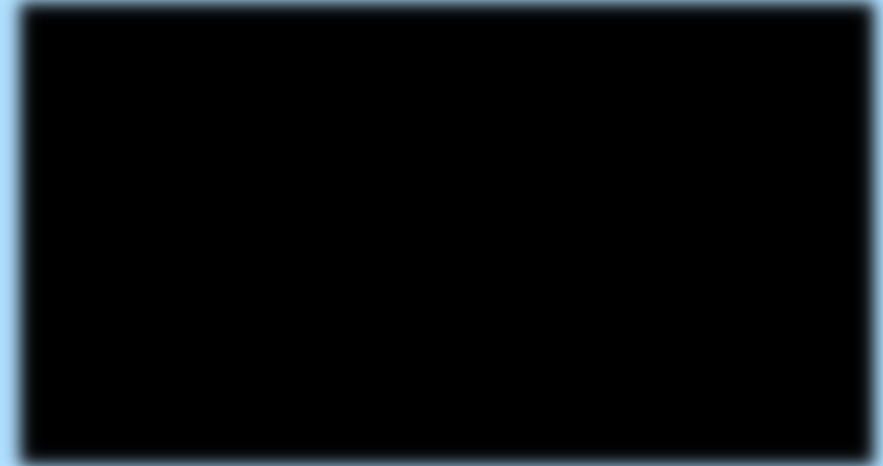
INTRODUCTION: Pulmonary Thromboembolism (PTE) risk



Common symptoms:

- Persistent and chronic cough
→ ↑ exercise
- Dyspnea
- Tachypnea
- Respiratory distress

→ Non-specific



Objective

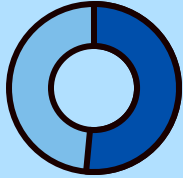


This study aims to investigate the effects of low dose of corticosteroids on D-dimer levels in dogs with heartworm disease before, during, and after adulticide therapy.

MATERIALS AND METHODS

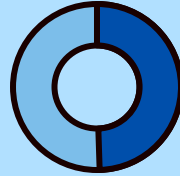


48 TOTAL ANIMALS



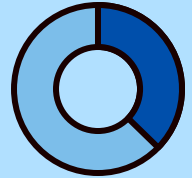
52,1%

Males



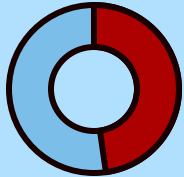
50%

High parasite
load



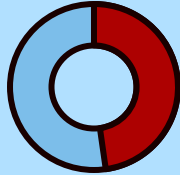
37,5%

Glucocorticoid
therapy
(0,5mg/kg
BID)



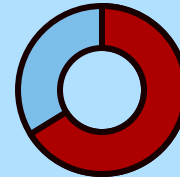
47,9%

Females



48%

Microfilariae



64,5%

Symptoms

MATERIALS AND METHODS



Mean age:
6,3 years

D-dimer
<0,2 $\mu\text{g/mL}$
VCHEK ANALYZER



2022/05/24 14:08
SN : VA20DBITG1339
Version : V1.00_R026.10(0.5)
Mfg. Date : 2021 Sep 14
Operator ID : guest
Patient ID : BOBBY

D-Dimer = 0.8 ug/mL
Procedural Control = Valid
Interpretation : Abnormal

RESULTS



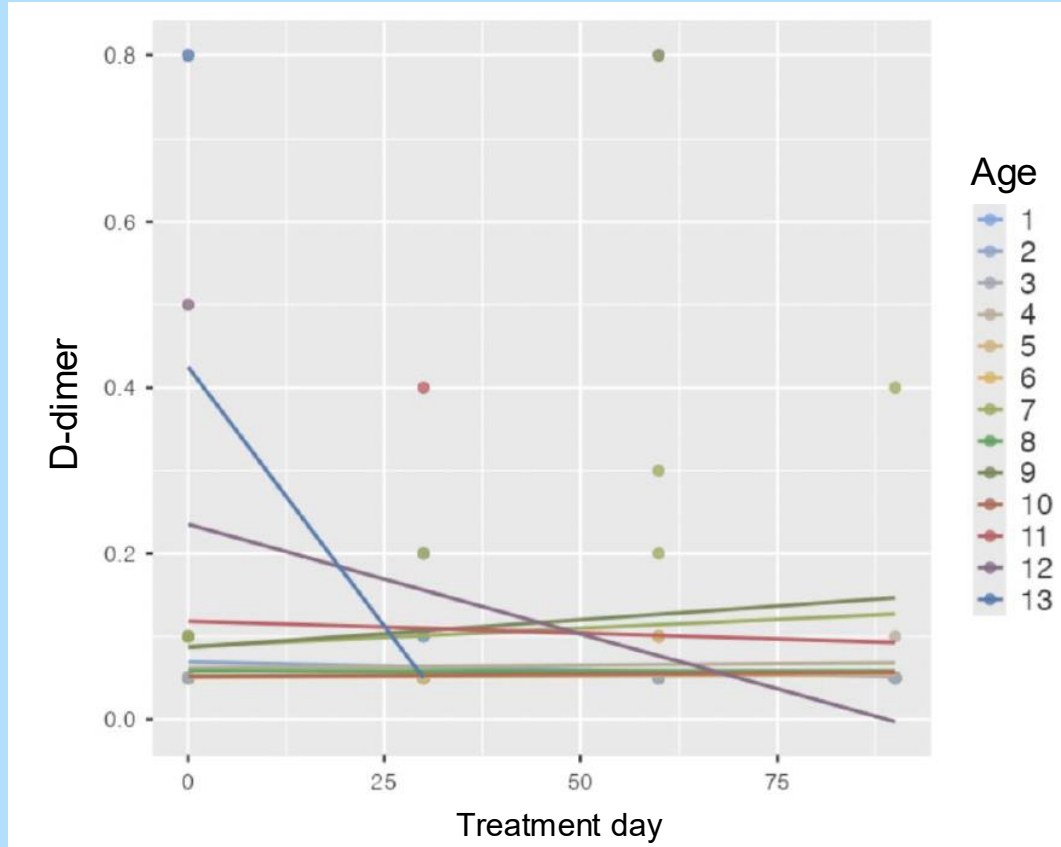
No differences between gender



No differences between breeds



RESULTS: Age



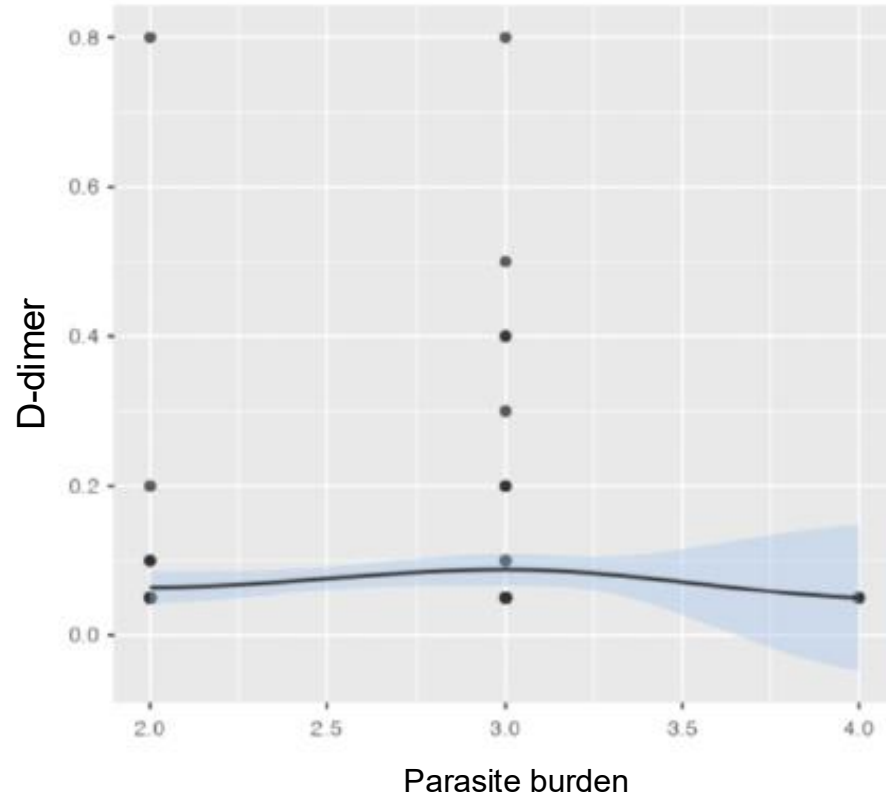
$p=0.00937$

Statistically
significant
differences

RESULTS: Parasite burden



No
statistically
significant
differences



$p=0.782$

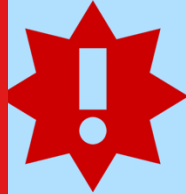
RESULTS: Symptoms



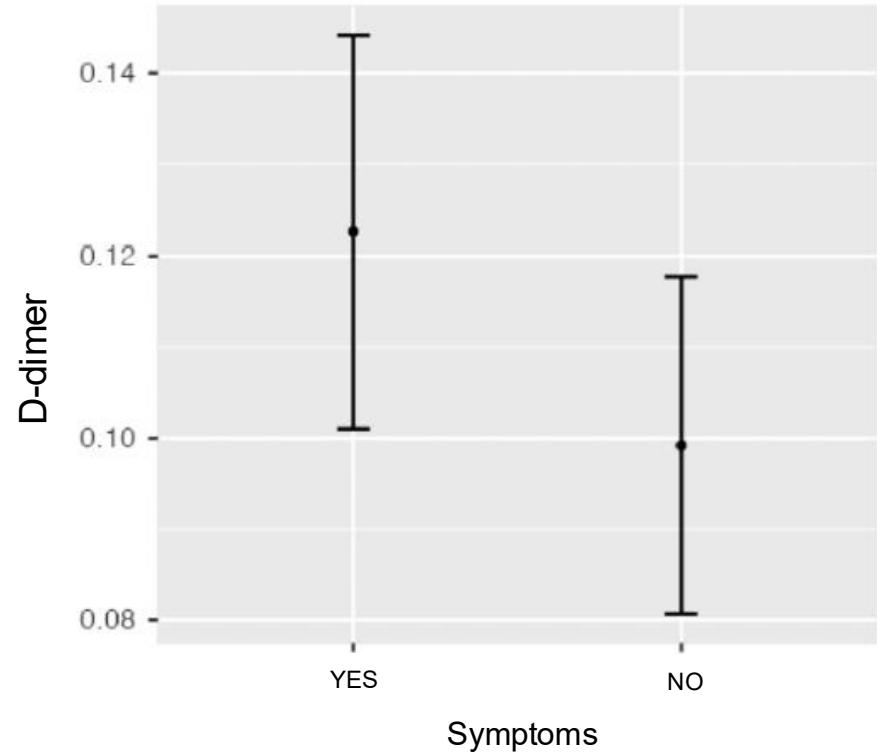
YES: 0.10 $\mu\text{g/mL}$ – 0.14 $\mu\text{g/mL}$

NO: 0.08 $\mu\text{g/mL}$ – 0.12 $\mu\text{g/mL}$

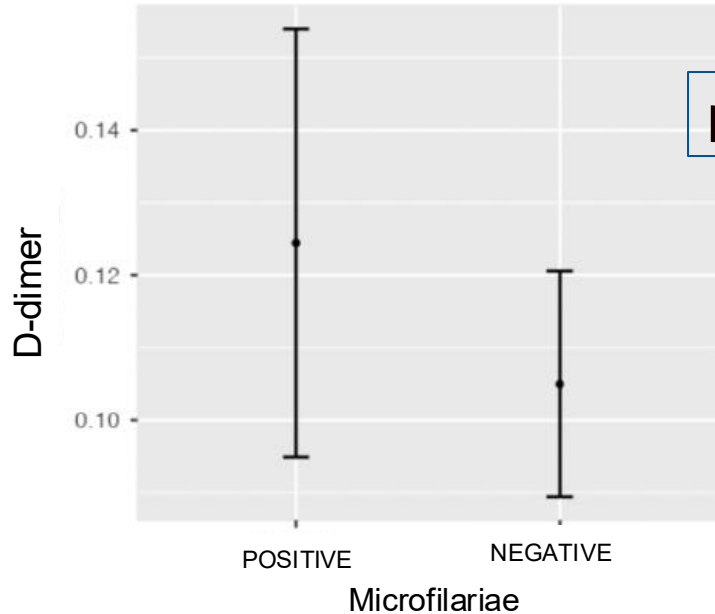
No
statistically
significant
differences



$p=0.446$

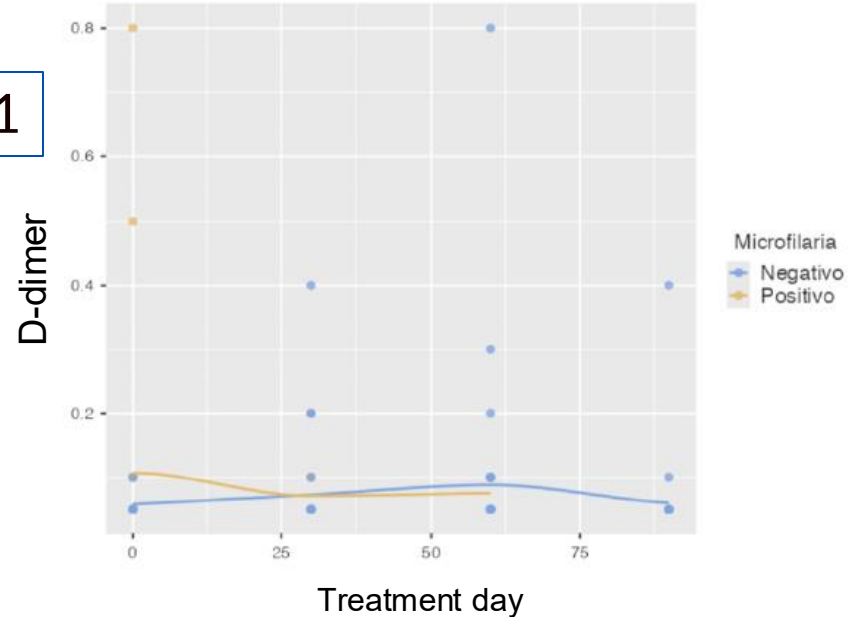


RESULTS: Microfilariae



+ : 0.10 $\mu\text{g/mL}$ – 0.15 $\mu\text{g/mL}$

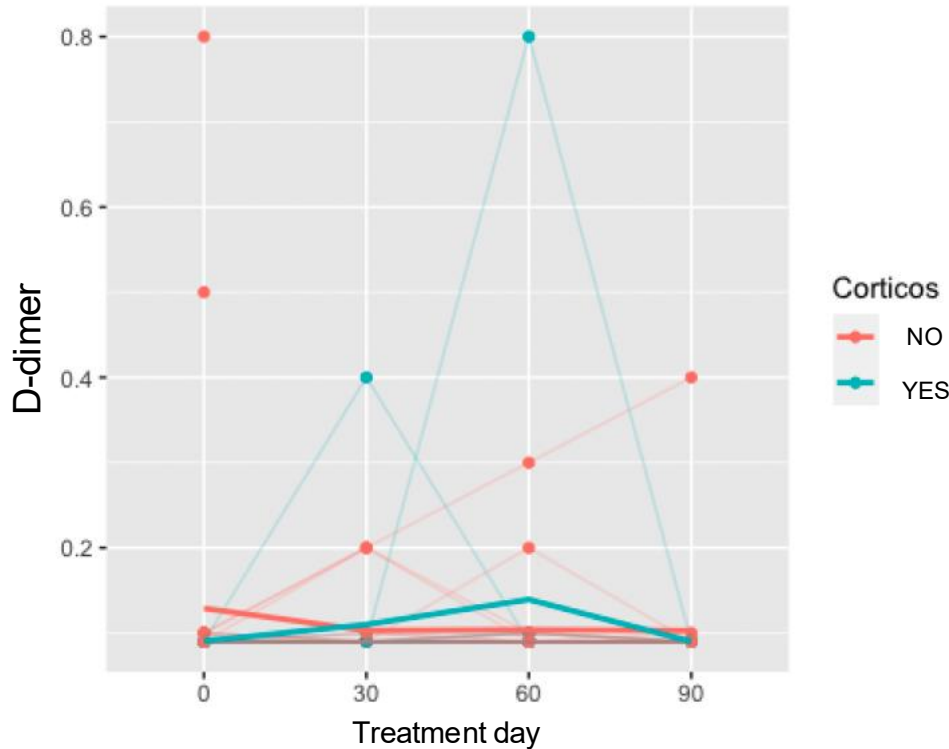
- : 0.09 $\mu\text{g/mL}$ – 0.12 $\mu\text{g/mL}$



No statistically significant differences



RESULTS: Corticosteroids



Corticosteroids	Day 0	Day 30	Day 60	Day 90
No	0.13 (± 0.15)	0.10 (± 0.04)	0.10 (± 0.05)	0.10 (± 0.06)
Yes	0.09 (± 0.00)	0.11 (± 0.08)	0.14 (± 0.18)	0.09 (± 0.00)

No
statistically
significant
differences



$p > 0.05$

DISCUSSION: Age



Out of range elevation of D-dimer in older dogs (>11 years)



As in human medicine, D-dimer increases physiologically with age

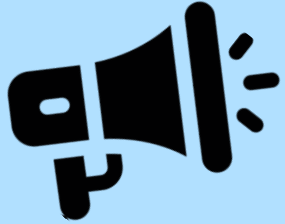
Utilidad del dímero-d ajustado por edad en el diagnóstico de trombosis venosa profunda

Autores: Diana Piñar

Directores de la Tesis: A. Javier Trujillo-Santos (dir. tes.) 

Lectura: En la Universidad Católica San Antonio de Murcia (España) en 2017

DISCUSSION: Parasite burden



Increase in error/standard deviation → Load 4



- Concentrations in low burden → within values
- Concentrations in high burden → high values
- ↑ burden → ↑ thromboembolic risk caused by dead worms
- Mechanical obstruction → ↑ risk of PTE → ↑ D-dimer



EVALUACIÓN LABORATORIAL DE LA HIPERCOAGULABILIDAD EN PERROS CON DIROFILARIA IMMITIS

NOELIA COSTA RODRÍGUEZ, SARA NIEVES GARCÍA RODRÍGUEZ, JORGE ISIDORO MATOS RIVERO, RODRIGO MORCHON GARCÍA, JOSÉ ALBERTO MONTOYA ALONSO, ELENA CARRETÓN GÓMEZ

DISCUSSION: Symptoms



Correlation between D-dimer and severity of symptoms

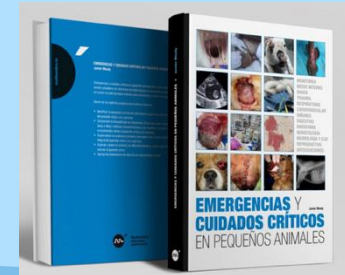
- Both increase shortly after adulticide treatment → decrease with resolution
- Diagnosis of PTE overlooked → non-specific signs → prevalence of 0.9% → probably higher



> J Vet Emerg Crit Care (San Antonio). 2022 May;32(3):289-314. doi: 10.1111/vec.13204.
Epub 2022 May 2.

2022 Update of the Consensus on the Rational Use of Antithrombotics and Thrombolytics in Veterinary Critical Care (CURATIVE) Domain 1- Defining populations at risk

Armelle deLaforcade ¹, Lenore Bacek ², Marie-Claude Blais ³, Corrin Boyd ⁴, Benjamin M Brainard ⁵, Daniel L Chan ⁶, Stefano Cortellini ⁶, Robert Goggs ⁷, Guillaume L Hoareau ⁸, Amy Koenigshof ⁹, Ron Li ¹⁰, Alex Lynch ¹¹, Alan Ralph ¹², Elizabeth Rozanski ¹, Claire R Sharp ⁴



DISCUSSION: Microfilariae



Increased levels in + dogs
With treatment initiation D-dimer decrease



- Attributed to elimination of microfilariae → treatment's success → first to be eliminated
- Source of biomarker → presence of D-dimer in lung and kidney using immunohistochemistry

> [Vet Parasitol.](#) 2013 Jan 16;191(1-2):182-6. doi: 10.1016/j.vetpar.2012.08.008. Epub 2012 Aug 20.

D-dimer deposits in lungs and kidneys suggest its use as a marker in the clinical workup of dogs with heartworm (*Dirofilaria immitis*) disease

E Carretón ¹, J González-Miguel, J A Montoya-Alonso, R Morchón, F Simón, B Passeri, A M Cantoni, L Kramer

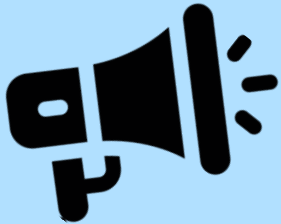
DISCUSSION: Corticosteroids



Several studies, but no unanimous results



Indicated for pulmonary parenchymal complications and treatment/prevention of adverse reactions



No significant differences were found between taking corticosteroids or not

DISCUSSION: Corticosteroids



- Initial research → corticosteroids over several weeks or after adulticide treatment decreased pulmonary blood flow and worsened intimal disease → procoagulant



The effect of oral, low-dose prednisolone on the extent of pulmonary pathology associated with dead *Dirofilaria immitis* in a canine lung model.

R. Atwell, J. Tarish, +1 author, D. Knight • Published 1995 • Medicine



- Studies from 1990s
- In this study dogs were treated during 90 days without high D-dimer levels

DISCUSSION: Corticosteroids



- PTE risk associated with disease exacerbation which are treated with corticosteroids

Randomized Controlled Trial > J Thromb Haemost. 2016 Apr;14(4):716-23.
doi: 10.1111/jth.13265. Epub 2016 Feb 18.

The influence of corticosteroids on hemostasis in healthy subjects

C J Majoor¹, M M S Smeets¹, A de Kleijn¹, J C M Meijers^{2, 3}, T van der Poll⁴, R Lutter^{1, 5}, E H Bel¹, P W Kamphuisen⁶



Associated to exacerbation directly → wrongly correlated?



- Hypercoagulability in humans → large doses of corticosteroids or ACTH

Published: 22 September 1962

Effects of Corticosteroids on Coagulation of the Blood

SINASI OZSOYLU, HERBERT S. STRAUSS & LOUIS K. DIAMOND



No high amounts → not immunosuppressive action, but anti-inflammatory (0,5 mg/kg/12h prednisone)

DISCUSSION: Corticosteroids



- Glucocorticoids decrease pulmonary eosinophilic infiltrate and peri-/arteritis
- *D. immitis* possesses molecules with anticoagulant properties in antigens
→ alter activity of factor Xa
- Corticosteroids can control pulmonary inflammation and thromboembolic events
- High microfilarial load → prior treatment with antihistamines and glucocorticoids
→ minimize reactions



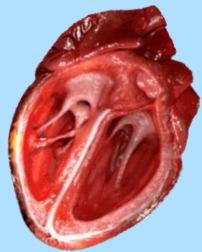
CONCLUSIONS



There was no significant fluctuation of D-dimer values between groups ($p > 0.05$), suggesting that there is no increased risk of PTE due to the use of corticosteroids during heartworm disease treatment. Furthermore, anti-inflammatory doses of prednisone improved general symptoms, reduced local inflammation at the melarsomine inoculation site, and contributed to a faster recovery of affected dogs.



Further studies with larger sample sizes are necessary to confirm these findings and determine optimal cut-off values for diagnosis and prognosis in heartworm disease treatment.



Thank you for your attention!

Thanks team!

