



# A survey of visual and procedural handwriting analysis for neuropsychological assessment

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## Abstract

To date, Artificial Intelligence systems for handwriting and drawing analysis have primarily targeted domains such as writer identification and sketch recognition. Conversely, the automatic characterization of graphomotor patterns as *biomarkers* of brain health is a relatively less explored research area. Despite its importance, the work done in this direction is limited and sporadic. This paper aims to provide a survey of related work to provide guidance to novice researchers and highlight relevant study contributions. The literature has been grouped into “visual analysis techniques” and “procedural analysis techniques”. Visual analysis techniques evaluate offline samples of a graphomotor response after completion. On the other hand, procedural analysis techniques focus on the dynamic processes involved in producing a graphomotor reaction. Since the primary goal of both families of strategies is to represent domain knowledge effectively, the paper also outlines the commonly employed handwriting representation and estimation methods presented in the literature and discusses their strengths and weaknesses. It also highlights the limitations of existing processes and the challenges commonly faced when designing such systems. High-level directions for further research conclude the paper.

**Keywords** Neuropsychology · Artificial intelligence · Computer aided diagnosis · Visual and procedural handwriting analysis · Classification

## 1 Introduction

Neuropsychology is an established discipline that investigates brain–behavior relationships [1]. A neuropsychologist attempts to determine the presence of brain dysfunction by examining abnormal behavioral patterns exhibited by a potentially at-risk individual [2]. Dysfunctional brain processing can result from an underlying neurological disorder, psychiatric imbalance or syndromes [3]. A comprehensive neuropsychological assessment can prove effective in explaining consequential changes in an individual’s behavior, emotions, and executive functioning due to an underlying dysfunction. By employing specific methodological procedures sensitive to specific functional changes, a neuropsychologist can correlate a particular cognitive or behavioral impairment and suggest adequate rehabilitation needs [4]. Similar procedures can also be used to measure the effectiveness of treatment [5]. In this regard, a neuropsychologist provides counseling services to both neurologists and psychiatrists.

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Neuropsychological test batteries comprise a series of performance-based tests that require individuals to perform various verbal and non-verbal tasks. These tests are non-intrusive, easy to administer, and are designed to assess an individual's various cognitive, perceptual, and motor skills. A popular category of neuropsychological assessments includes the *pen-and-paper* tests, which include some graphomotor-based tasks involving drawing or handwriting. Studies, e.g. [6–8], suggest that complex multi-component tasks, such as drawing and handwriting, require necessary graphomotor skills, such as visual-perceptual maturity, spelling coding, motor planning and execution, kinesthetic feedback, and visual-motor coordination. Any dysfunction of the aforementioned skills due to associated brain disorders consequently affects an individual's drawing and handwriting performance. Leveraging the screening potential of graphomotor impressions, these have been employed as psychometric tools for the detection of a variety of neuropsychological and neurological disorders such as apraxia, visuo-spatial neglect (VSN), dysgraphia, and dementia [9]. The impact of writers' emotional state on their handwriting has also been established in some studies, e.g. [10].

Conventional test conducting protocol requires subjects to draw or write on a page using a pen or pencil as a medium. The test may include copying or recalling a visual stimulus (*reproduction* method), completing a partially drawn/written task (*completion* method), or projecting a concept into words or graphics (*projective* method). Some commonly used graphomotor tests include the Rey-Osterrieth complex figure (ROCF) test [11], the Clock Drawing test (CDT) [12], the Bender-Gestalt test (BGT) [13], the Archimedean spiral [14], and the Draw-a-Person (DAP) test [15]. These tests can be conducted individually or in groups. Once the subject produces a response, it is then visually examined by the domain expert with the aim of identifying indicators of specific brain dysfunction, using standard scoring manuals [16–18]. The results obtained from these assessments are further correlated with other clinical findings to diagnose associated disorders and thus to suggest adequate rehabilitation.

## 1.1 Motivations

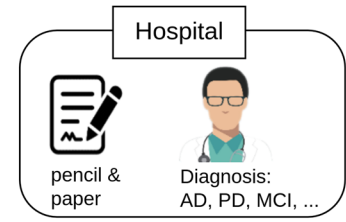
Despite the importance of graphomotor-based neuropsychological assessments, there has been a gradual decline in their use over the years [19]. Among the different contributing factors, two major concerns are time and standardization. Test administration and scoring is a time-consuming and tedious task. In a typical clinical setting, evaluating a patient's response can take several hours [20]. Manual scoring and interpretation also lack precision and accuracy, due to inter-scorer and test-retest reliability

issues [21]. Additionally, they may not capture or reveal subtle but relevant patterns, which can aid in predictive accuracy. Traditional tests are also not designed for repeated measurements and are practically not accessible for home care. Another important factor is the lack of interdisciplinary research, due to which neuropsychologists have been relatively slow to embrace applied computer technologies in their work, despite mass digitization. However, a growing interest of the Artificial Intelligence (AI) community in analyzing graphomotor samples for potential screening of cognitive impairments has inspired practical neuropsychologists to become less skeptical of adopting these emerging technologies in the quest to provide cost-effective and time-efficient services to the masses [22]. Figure 1 depicts the main high-level differences between a typical medical evaluation, which requires the simultaneous presence of patient and doctor, versus the use of AI in the procedure.

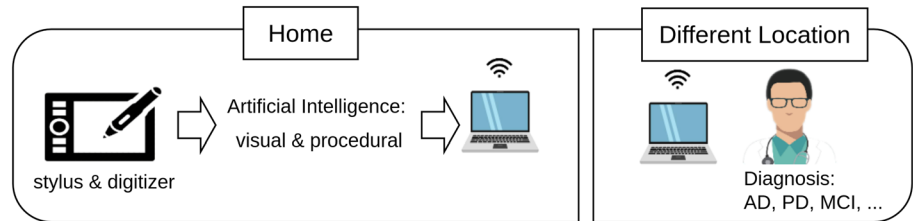
To date, there is a growing literature on the work carried out by the AI community, and more specifically that of Pattern Recognition, e.g. [23, 24], ranging from feature extraction, selection, and validation for knowledge representation, to graphomotor task analysis for effective detection, diagnosis and monitoring of disease progression. And this growing interest has been boosted by the recent advancement and explosion of machine learning and deep learning methods. However, the highly specific nature of the domain problem makes it difficult to compile and categorize a comprehensive review. Recently, there have been some attempts to compile relevant literature. For example, [25] presented a review of recent work aimed at detecting and monitoring Parkinson's disease (PD) using the recent technologies. In another review, De Stefano et al. [26] presented a survey of handwriting modeling approaches used to support the early diagnosis, monitoring and tracking of neurodegenerative diseases. The study focuses mainly on Alzheimer's disease (AD) as well as Mild Cognitive Impairment (MCI). Similar reviews are presented in Impedovo and Pirlo, [27] and Vessio [28], where the authors underlined the importance of dynamic attributes of the handwriting for the identification of AD and PD. Dynamic handwriting analysis has gained a lot of popularity in recent years due to the advent of digital technology. This importance is also highlighted in a very recent survey by Faundez-Zanuy et al. [29], which, however, is more generic and does not deepen into the health domain. Impedovo et al. [30] also argue the effectiveness of dynamic handwriting analysis for the early diagnosis of PD.

**Fig. 1** Conventional (on-site) and AI procedures (even remotely) for neuropsychological assessments

### Conventional Medical Diagnosis



### Computer-based Medical Diagnosis



## 1.2 Contribution

Most studies presenting a review of the relevant literature focus on a specific disorder (PD or AD) or a particular technique (dynamic attributes or handwriting modeling). Although these provide an in-depth analysis in a particular direction, we believe that a study is needed that presents a generic overview of possible directions that can be explored by novice researchers. The main contribution of this work is the compilation and systematization of the prominent works related to the computerized analysis of graphomotor tests for a variety of neuropsychological and neurological disorders. To this end, we have collected and categorized many studies that addressed various impairments and proposed various analytical techniques. A novel categorization is proposed which classifies the literature into “visual analysis techniques” and “procedural analysis techniques”. Visual analysis techniques evaluate offline samples of a graphomotor response after completion, while procedural analysis techniques focus on the dynamic processes involved in producing a graphomotor response. On the one hand, this paper can provide directions to researchers in computer science to investigate the application of Artificial Intelligence techniques for computer-aided analysis of different graphomotor tests. On the other hand, the findings of this study may be helpful for neuropsychologists providing them with an overview of computational methods that can potentially be included in their practice to provide objectivity. The key idea of such systems is to facilitate (and not to replace) especially the human experts for the mass screening of at-risk subjects.

For a better understanding by readers, we first present the proposed contextual categorization of the studies referred to in this work in Sect. 2. We summarize in Sect. 3 the commonly used features and estimation methods and compare their strengths and weaknesses from a pattern

recognition perspective. Section 4 discusses the visual analysis techniques in detail, while Sect. 5 introduces the procedural analysis techniques. Finally, Sect. 6 concludes the paper with a discussion of the main findings and directions for future research.

## 2 Proposed categorization of the literature

Computerized analysis of handwriting and hand-drawn shapes has remained an active area of research in the AI community for the past several decades. In general, a graphomotor impression contains both *explicit* and *implicit* information that can be used for a variety of applications. As a result, research in domains like handwriting recognition [31–35], character recognition [36, 37], binarization [38], segmentation [39], keyword spotting [40], manuscript dating [41], signature verification [42, 43], writer identification [44] and writer demographics prediction [45–47], has matured considerably, and is practically applied in fields like forensic investigation [48], document analysis [49], document preservation [50] and information retrieval [51].

Contrary to the aforementioned popular applications, the computerized analysis of handwriting and hand-drawn shapes to assess a person’s mental health or predict different brain disorders still needs further investigation to reach clinical practice and achieve technology transfer. However, since the renewed interest of AI experts in analyzing neuropsychological graphomotor tasks for various diagnostic purposes, several attempts have been made in the recent years. Due to their sporadic nature, the categorization of existing systems could be done on the basis of several criteria. For example, these can be grouped according to their goals (e.g., feature validation or disease diagnosis), or their mode of data acquisition (e.g., offline or

online). However, we opted for a categorization criterion based on the mode of analysis, i.e. whether the system analyzes the visual feedback of the completed graphomotor response or evaluates the procedure involved during its creation; thus, naming them “visual analysis techniques” and “procedural analysis techniques”.

This categorization criterion is motivated by the observation that research in this field has been driven primarily by advances in hardware and software technology. This has led us to provide the reader with not only a historical, but also a technical perspective on the topic. We will discuss the preliminary studies, which have led to research directions that, after the initial explosion, are now dormant, as well as the more recent contributions that have gained increasing interest thanks to the emergence of techniques in the field of machine and deep learning.

Furthermore, it is worth pointing out that a reader of the biometric community would find a parallel between our proposed distinction of visual and procedural analysis techniques and the already known distinction between “static” and “dynamic” handwriting analysis [29]. We believe that a new terminology is needed because the static/dynamic distinction is traditionally linked to the biometric literature alone. The focus of our current study, on the other hand, encompasses many interdisciplinary problems. More general terminology that encompasses not only the type of analysis but also what domain experts expect from the administration of a given test could serve to enhance the acceptability of the related literature.

Visual analysis techniques include studies that attempt to analyze completed responses of graphomotor-based neuropsychological tasks such as the Necker’s cube [52], ROCF [53], BGT [54], and CDT [55]. Most of these tests include geometrically inspired shapes that involve linearity, circularity, curvilinearity and angularity components, and aim at the visual-perceptual orientation of the subjects. The goal is to assess an individual’s ability to accurately perceive and reproduce such shapes. Common deformations considered by clinical professionals while evaluating drawn responses to these stimuli are rotation, fragmentation, cohesion, perseverance, and so on. For example, the drawings of individuals suffering from frontal lobe injuries are prone to perseverance (i.e., reproducing the same pattern over and over again), such as exceeding the number of dots or drawing extra columns of circles [13]. Closure difficulty or the inability to join parts of a shape are linked to an indication of emotional distress and visuo-spatial neglect [56]. Similarly, rotation of a complete figure from  $80^\circ$  to  $180^\circ$  has been associated with signs of focal brain lesions and dementia in elderly [57]. Computerized systems designed to identify such deformations are mainly based on static geometric and spatial features (such as size, angle, orientation or pixel-wise distance) extracted from

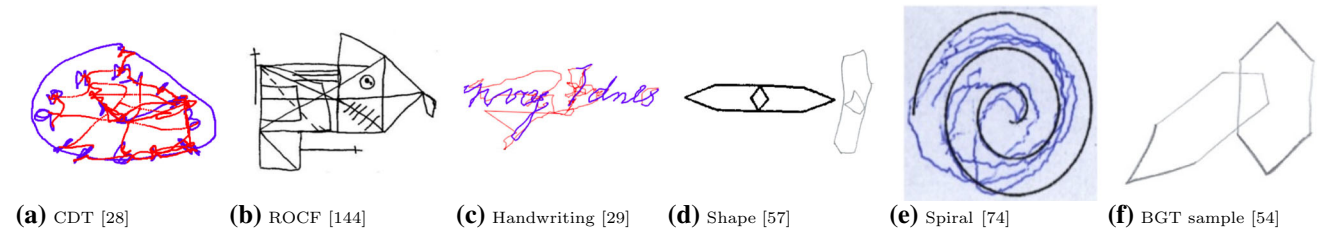
digitized offline samples, and in some cases online samples of drawings or handwritten responses, e.g. [52, 58]. These features are then compared to those of the expected templates through template-matching, machine learning, or extensive domain-specific heuristics.

With the rise of technology, AI researchers are now exploring potential alternatives or additional techniques such as dynamic handwriting and drawing analysis using specialized electronic devices, e.g. digitizing tablets and smart pens [59]. This has led to a paradigm shift from visual analysis to procedural analysis techniques. Procedural analysis techniques focus on identifying and evaluating unconventional biomarkers such as hand movement, pressure exerted, and the time it takes an individual to perform a graphomotor task [30, 60, 61]. A conventional online acquisition tool such as a digitizing tablet usually records various attributes of pen writing. These include  $(x, y)$  coordinates, timestamps, button status (indicating pen-up and pen-down movements), pen pressure and tilt. The functional values provided can then be used to derive various dynamic features. All these values are computed on consecutive time intervals and are present in sequence. In most state-of-the-art cases, these sequences are converted to a single value by computing statistics (such as the mean or standard deviation), which is then used to make diagnostic decisions.

Both approaches have their inherent strengths and weaknesses. Also, since they allow to capture different patterns, they can complement each other successfully. Figure 2 shows a spectrum of tests used in the recent literature to assess various pathologies in the non-mature and degenerative neuromotor system with visual and procedural analysis of the handwriting. Methods and techniques employed in both of these categories are discussed later in the paper. Prior to these details, we discuss the various features that have been investigated for handwriting representation and estimation.

### 3 Representation and estimation

A thorough review of the techniques presented in the next sections will highlight several issues that require attention from the community. However, the most significant and common to all studies are representation and estimation, as outlined in Table 1 and detailed in the following. “Representation” refers to the characterization of clinical manifestations using computational features, while “estimation” concerns the measurement of deviations in graphomotor impressions produced by a subject from the expected prototypes. It is worth pointing out that the term “features” in Table 1 is standard terminology in the machine learning literature [62] and, in the context of this



**Fig. 2** Examples of visual and procedural graphomotor-based neuropsychological tests used in AI systems

**Table 1** Summary of some of the most commonly used representation and estimation methods

Class	[References]	Methods
<i>Representation methods</i>		
Spatial and geometric features	[58, 63–69]	Number of strokes/components, stroke/component size, stroke height/width, angles, orientation, radius
Kinematic features	[30, 60, 68, 70–73]	(Horizontal/vertical) displacement, velocity, acceleration, jerk, stroke speed, number of changes of velocity per stroke (NCV), number of changes of acceleration per stroke, relative NCV/NCA
Pen and pressure features	[67, 72, 74–76]	Position, azimuth, tilt, pressure signal, number of changes of pressure per stroke (NCP), correlation between stroke pressure and velocity/acceleration, relative NCP
Temporal features	[30, 68, 72, 77–79]	In-air time, on-surface time, total time, stroke duration, stroke speed
Nonlinear dynamic features	[30, 60, 68, 72, 79–82]	Shannon entropy, (second and third order) Renyi entropy, conventional energy, (first order) Teager-Kaiser energy of $x$ and $y$ position, signal-to-noise ratio calculated from the conventional energy, signal-to-noise ratio calculated from the Teager-Kaiser energy, empirical mode decomposition
Neuromotor features	[83–86]	Sigma-Lognormal, Delta-Lognormal, Number of lognormals
Machine-learned features	[74, 87–90]	Automatically learned features
<i>Estimation methods</i>		
Template matching	[52, 68]	Pixel-wise distance
Heuristics	[53, 58, 63, 69, 91]	Ontology-based, fuzzy logic-based, genetic programming-based
Statistical analysis	[60, 72]	Mann-Whitney U test, t-test, Pearson correlation, Spearman correlation
Machine learning	[30, 60, 61, 64, 65, 67, 68, 71–73, 76–78, 80, 86, 92–95]	SVM with linear/RBF kernel, NB, K-NN, LDA, RF, linear regression, OPF, AdaBoost, XGBoost, CART, DT
Deep learning	[74, 90, 96, 97]	Convolutional Neural Networks (CNNs), Recurrent Neural Networks (RNNs)

study, refers to the mathematical representation of mainly physical observations in handwriting, which are subsequently used for classification, verification, or prediction purposes.

### 3.1 Representation

In an attempt to effectively represent the clinical manifestations and graphomotor patterns being assessed, a series of computable feature classes have been proposed in the literature. These include various static and dynamic features specific to the objective of the study. *Spatial and*



*geometric features* are extracted at the component-level or globally. Spatial and geometric features have also been employed in a series of procedural analysis techniques [67, 68] to enhance the performance of dynamic features. Commonly used spatial and geometric features include height, width, tangential angle, size, dimension, orientation, etc. Spatial features are useful in characterizing visuo-spatial or visuo-perceptual patterns; however, due to the limitation of definition and the unconstrained nature of the free-hand responses, traditional hand-crafted features prove insufficient for a complete analysis.

The *kinematic features* are mainly acquired from a digitizing tablet or smart pen. They are used to characterize an individual's fine motor skills and handwriting fluency, which can be affected by an underlying impairment, such as PD. Kinematic features are highly dependent on the task employed and can lead to poor performance if extracted from a non-relevant task [71, 72]. It is worth noting that their calculation typically results in feature vectors of varying lengths depending on the time taken by the subject to complete a task. In most cases, these vector features cannot be used directly to train a machine learning model and, therefore, several statistical features are computed from them, such as the number of changes of velocity or acceleration (NCV/NCA), or, more simply, mean, median, etc. The main purpose of these *statistical features* is to map sequential information based on time series into a single value. However, vital information can be lost by condensing a sequence into a single parameter [90].

In an attempt to evaluate different modalities, *pen and pressure* signals were also used in several studies, e.g. [67, 72, 74–76]. Two types of pressure units are mainly evaluated, i.e. the pen pressure exerted on the surface when writing [72] and the finger grip on the writing tool, usually a smart pen [74]. The pressure signals captured by the smart pen can be transformed into 2D images to extract visual features from them [74].

*Temporal features* were used in several studies, e.g. [30, 68, 72, 77–79], to indicate several cognitive impairments. Among the temporal measures provided, in-air time has shown promise especially in identifying cognitive impairments resulting from neurodegenerative diseases such as PD and AD. Despite the promising results presented in studies like [77, 78], temporal features may not prove effective for the differential diagnosis of diseases with overlapping conditions. For example, the time delay in PD can be due to motor impairments, while in AD and MCI this can be attributed to memory or executive planning impairments.

*Nonlinear dynamic features* such as entropy and energy can capture randomness and irregularities in a given signal. In a handwriting signal, these irregularities can highlight alterations of fine movements, which are otherwise difficult

to analyze using only the kinematic features. Based on this assumption, studies such as Impedovo et al. [30]; Drotár et al. [60]; Taleb et al. [68]; Drotár et al. [72]; Garre-Olmo et al. [79]; Drotár et al. [80] have extracted several nonlinear dynamic features from handwriting and drawing signals. As with all other dynamic feature vectors, some statistical functions of the feature vectors are computed prior to classification.

*Neuromotor features* are obtained from the stroke velocity profiles, which extract the intrinsic properties of the neuromuscular system and the control strategy of an individual performing a graphomotor task. According to the Kinematic Theory of Rapid Human Movements, various parameters are calculated that characterize a stroke velocity profile with either the Delta- or Sigma-Lognormal [83]. These features have been adopted by studies like [84–86] to discriminate between normal and abnormal age-related changes in handwriting. Moreover, recent investigations on this theory seem to find common parameters to quantify the deficits caused by Parkinson's disease in handwriting and voice [98] or shoulder fatigue detection [99].

Despite the success of deep learning in other areas, its applicability in the analysis of neuropsychological graphomotor tests has not been explored to its full potential. Two main concerns have limited its use in this domain: the scarcity of training data and the black-box nature of the techniques. However, recent studies, e.g. [74, 87–89], have shown the potential of *machine-learned* features in modeling different graphomotor tasks. On the one hand, the problem of limited data can be partially mitigated by using transfer learning from larger natural image datasets [87]. On the other hand, some qualitative assessments can be made on the importance of some subsets of features over others by feeding the network model with features already engineered in some way [90]. Explainability issues in deep learning are a hot topic these days, and work is underway to try to fill this gap. However, some attempts have been proposed to design explainable systems to detect neurodegenerative diseases [100].

### 3.2 Estimation

To evaluate the effectiveness of the proposed handwriting representations, several approaches (outlined in Table 1) have been proposed in recent years.

The simplest of these techniques is *template matching* that can prove beneficial in estimating primitive component-level patterns. Pixel-wise distance is computed between the drawn component and the expected stimulus. Although some techniques in literature [52, 68] have employed a template matching-based approach, such

approaches have limited applicability in this domain due to the unconstrained nature of the free hand drawings.

*Heuristic-based techniques* have also been employed in the literature [53, 58, 63, 69, 91]. Their prime objective is to provide explainable solutions for the target users, i.e. the clinical practitioners. Due to the inherent superiority of fuzzy logic over a strict rule-based approach, it is a preferred design strategy in this domain. However, despite being advantageous in modeling clinical manifestations, heuristics are difficult to design and lack scalability.

*Statistical analysis* methods are mainly applied to determine the strength of the association between the computed features and clinical scores. These methods determine the effectiveness of a feature in representing target handwriting. One of the commonly used methods is the Pearson correlation test [101]. Because different features are combined into a high-dimensional feature set, some form of statistical ranking is performed to reduce dimensionality. The Spearman correlation test [102] is used in most cases to select the most significant features for the final model training. Depending on the distribution of the feature set, methods such as the t-test [103] and the Mann-Whitney U test [104] are also used.

Probably, *machine learning* is the most popular approach in the related literature [30, 60, 61, 64, 65, 67, 68, 71–73, 76–78, 80, 86, 92–95]. Graphomotor-based analysis can be approached as a regression [77, 78] or a classification problem, e.g. [64, 65, 68, 72, 92, 93]. Commonly used machine learning models include Support Vector Machines (SVMs), K-Nearest Neighbour (K-NN), Decision Trees (DTs), Random Forests (RFs), Optimum-Path Forests (OPFs), and Linear Discriminant Analysis (LDA). Boosting approaches (AdaBoost and XGBoost) have also been used. Similar to many other pattern recognition problems, the literature suggests that no single model alone performs better in all scenarios for this problem as well. For this reason, some studies, e.g. [30, 61, 75], evaluated the performance of the proposed features on different classifiers before selecting the best one (or the best subset of them for use in an ensemble scheme). Similarly, end-to-end feature learning (and classification) using deep learning models is also gaining popularity in recent research, e.g. [74, 87, 90, 96, 97].

### 3.3 Challenges and opportunities

It is quite evident from the literature that defining representations is the most challenging task in a computerized analysis system. The difficulty of finding an effective representation affects the performance of the estimation method and, ultimately, the outcome of the analysis. From the complete graphomotor responses, both static and

dynamic features can be extracted to represent visuo-motor, visuo-spatial and visuo-perceptual deformations due to some cognitive disorder. In an effort to do this, several features have been extracted from both offline (scanned images of paper-based responses) and online (acquired by digitizing tablets) samples. Due to the insufficiency of independent features, various combinations have been proposed in the literature, resulting in high-dimensional feature vectors. As expected, the combined approach allows for improved performance; however, due to the highly task-specific nature of the features [105], feature selection must be performed. Machine-learned features have emerged as a viable alternative to classic hand-crafted approaches. However, their applicability in the domain of handwriting representation and estimation has not been thoroughly investigated. These features, although not always intuitive to correlate or interpret, can provide useful information on the intrinsic properties of the writer/drawer.

### 3.4 Features (neuropsychology perspective)

To bridge the gap between computer-aided screening/diagnosis and clinical practice, the *explainability* of computational features plays a key role. Allowing domain experts to establish a correlation between what they follow in conventional practice (to diagnose or control a disorder) and what automated solutions measure can also lead to greater acceptability of such systems by practitioners. To improve this explainability, we have made an effort to establish a linkage between the computational features employed in different studies by AI researchers and the corresponding high-level measures practiced by experts. These mappings are summarized in Table 2 where several quantitative features representing qualitative attributes of neuropsychology are listed.

For instance, “bradykinesia”, “micrographia”, “rigidity” and “tremor” are popular manifestations observed by clinical practitioners while determining signs of PD. These conditions have been measured computationally by AI experts using electronic devices, such as digitizing tablets that allow the extraction of various temporal, kinematic, pressure, spatial and geometric features. Temporal features such as in-air time (when the pen tip is not touching the writing surface) have been used to determine pauses between strokes. This, along with the total task completion time recorded, indicates slowness of movement. Similarly, spatial and geometric features such as vertical and horizontal stroke size changes are computed to indicate micrographia. Using sensors to measure the pressure exerted on the pen and the writing surface can help analyze muscular rigidity, while kinematic features such as inversions in stroke acceleration can assess non-fluency. Naturally, this linkage is more intuitive in the case of hand-

**Table 2** Linkage between computational features and measures used by neuropsychologists to diagnose different disorders

Disorder(s)	Clinical measure(s)	Computational features
Parkinson's Disease (PD)	Bradykinesia	Temporal and kinematic features: in-air time, on-surface time, task completion time, stroke speed, etc.
	Micrographia	Spatial and geometric features: size of strokes/components, number of strokes, etc.
	Rigidity	Pen and pressure features: pen pressure on surface, pressure of fingers on the pen, azimuth, etc.
	Tremor	Kinematic features: Number of changes in velocity (NCV) and acceleration (NCA), jerk, etc.
Mild Cognitive Impairment (MCI) and Alzheimer's Disease (AD)	Executive planning	Temporal features: in-air time, task completion time, stroke speed, etc. Dynamic and kinematic features: sequence length, sequence order, stroke displacement, etc.
	Dementia	Spatial and geometric features: low-level shape descriptors that determine the presence or absence of primitive components, e.g. clock components (digits and hands) in CDT.
Visuo Spatial Neglect (VSN)	Omissions	Spatial and geometric features: low-level shape descriptors that determine the presence or absence of primitive components.
	Perseverance	Geometric features: frequency of primitive components (lines, dots, circles, etc.).
	Closure difficulty	Geometric features: low-level shape descriptors that determine closed and open shapes.
Developmental disorders	Dysgraphia	Dynamic features: stroke sequence order, starting and ending location of strokes, etc.
	Apraxia	Spatial and geometric features: measurement of deviations from the expected template.

crafted features than machine-learned features, where they are learned during training. For machine-learned features, a standard method is to visualize the output of intermediate layers in the network to explain what the model learns. Their effectiveness is generally inferred from predictive performance analysis.

## 4 Visual analysis techniques

This section discusses notable studies that analyze a graphomotor response after completion. The inspiration for analyzing a graphomotor task after its completion comes from the conventional clinical procedures of scoring a graphomotor-based test. Although it is an easy task for a human expert, it is very difficult for the machine to determine the degree of deformation versus the healthy control behavior based on visual analysis. However, in an attempt to design a system to achieve this, two common approaches have been used in the literature:

- Techniques that evaluate deviations at the local level, i.e. at the primitive component level;
- Techniques that evaluate the response as a whole by extracting shape-based global features.

Each of these categories of methods is discussed in the next section.

## 4.1 Review of methods

A summarized overview of well-known visual analysis techniques (component as well as global-level) is presented in Table 3 listing the type of drawing used for the tasks, the disease studied and the type of subjects who participated in the experiments. From a computational point of view, the table also shows the methodology carried out in terms of features and classifiers, and the main findings.

In the *component-level analysis*, the basic notion of such techniques is to evaluate the quality of the whole figure by estimating the deformations in its constituent parts independently. Localization and estimation of primitive components further increase the difficulty of scoring a test that requires comparison or correlation of constituent components to evaluate the complete drawing. The Clock Drawing Test is one such example that is commonly used to screen cognitive disorders, such as dementia [113]. Similar to ROCF, CDT drawings have a complex scoring criterion. However, the CDT score requires the assessment of the spatial organization of its components in addition to the quality of the independent components. This requires inference not only from the presence/absence of essential shapes, but also from their organization (i.e., the correct positioning of the clock digits and hands). Consequently, an independent evaluation of the individual components cannot help in the complete interpretation of the CDT drawing. To overcome the limitations of localization and



**Table 3** Summary of some of the most prominent works that use visual analysis techniques for automatic assessment

Ref.	Task	Disease	Sub	Algorithm	Findings
<i>Component-level analysis</i>					
[52]	Cube	Graphomotor state & right hemisphere stroke	C/A	Geometric (template matching)	Promising results with low acc.
[53], [91]	ROCF	N/A	C	Fuzzy, geometric (template matching)	99.3% of acc. in ROCF detection sections & 75% in grading the ROCF regions
[55] [93]	CDT	Dementia	A	Geometric (cascade)	Acc: 89%
[54]	BGT	Psychology patients	A	Geometric (template matching)	Scoring evaluation per each image
[106]	BGT	Psychology patients	A	Shape context (template matching)	Effective in some templates, but deficient in disconnected components
[58]	CDT	Dementia & MCI	A	Segmentation, geometric (fuzzy logic)	Sensitivity: 99%, specificity 95.7%
[107]	BGT	Neurological disorders	A	CNN (SVM), CNN (LDA)	Classification rate: 93.52%
[108]	BGT	Neurological disorders	A	Faster R-CNN	F-measure > 92.93%
<i>Global-level analysis</i>					
[109]	Cross	Cerebral vascular accident	A	Dynamic & geometrical (heuristic rules)	Improvement in the sensitivity of the assessment
[110]	Drawings, words & numbers	VSN & dyspraxia	C	Dynamic & multiple features (PCA, ANN, correlation and regression analysis)	74% of acc. in the dyspraxia system and 0.966 of correlation, $p < 0.005$ , in VSN detection
[93]	CDT	Dementia	A	Geometric (SVM, RF, KNN)	> 74% of acc.
[64]	Spiral	Parkinson	A	Geometric (NB, Optimum-Path Forest, SVM)	78.9%, 77.1% & 75.8% of acc. per classifier
[65]	Spiral & meander	Parkinson	A	Geometric (NB, Optimum-Path Forest, SVM)	Recognition rates around 67%
[69]	Spiral & meander	Parkinson	A	Geometric (Cartesian Genetic Programming)	Recognition rates around 76.6%
[87]	Drawings & handwriting	Parkinson	A	Synthetic images (CNN)	Acc. ranging from 63.75 to 75.41%
[88, 89, 111]	BGT: sketches & drawings	Motor development and Parkinson	C/A	Data augmentation, CNNs (NB, SVM, LDA, and Decision Trees)	Acc. ranging from 79.1 to 97.6%
[112]	Drawings & handwriting	Parkinson	A	Multiple fine-tuning (ensemble of CNNs)	Acc: 94.7%

In the subject column, Sub, C/A indicates Children and Adult subjects.

segmentation of individual shape components in multi-component drawings (such as ROCF and CDT), some studies [58, 63] suggested the use of online sample acquisition methods.

In the *global-level analysis*, online sample acquisition methods were initially introduced to facilitate the segmentation of primitive components. However, researchers soon realized the potential of these devices to capture several spatio-temporal features as well. This approach soon gained popularity, and researchers began studying various attributes extracted globally from the complete drawing instead of those calculated locally from the

primitive components [109], or using machine learning techniques [110].

## 4.2 Challenges and opportunities

We have observed that studies [52, 53, 91] that evaluate the quality of primitive components or analyze their spatial organization [58, 63] are characterized by the challenges of localization and segmentation. The localization of the intended segment is mainly affected by the inherent imprecision and ambiguity of a free-hand drawing. To overcome the challenges of localization, studies such

as Harbi et al. [63] suggested mapping a layout on top of the image or limiting drawers/writers by printing a pre-drawn template. Such constraints can facilitate localization; however, these changes can add further complexity to the analysis by introducing a pre-processing step to separate the drawn response from the pre-drawn trace. To address all these issues, a holistic approach to analysis is needed, capable of identifying local deformations without the complex step of primitive extraction.

Studies that attempt to discriminate between healthy controls and diseased subjects using simple geometric shapes such as cubes [52], spirals [64] and meanders [65] are based on the analysis of static geometric features to evaluate the quality of the drawn template. Feature analysis is performed using template matching or statistical approaches. Although these features may prove effective for such shapes, they are not sufficient to characterize complex graphomotor deformations scored in tasks such as CDT, ROCF and BGT. Due to the insufficiency of static features, such studies must employ extensive heuristics to estimate the magnitude of the deviations. Although exhaustive, a heuristic-based approach lacks the robustness of a statistical approach. Machine-learned features and their statistical analysis can overcome the limitations of feature insufficiency and lack of robustness, especially in the case of tasks with complex scoring criteria such as BGT.

## 5 Procedural analysis techniques

Until recently, researchers have focused on extracting effective biomarkers from graphomotor samples after their completion. However, the advent of some technology (i.e., digitizing tablets, electronic pens, and wearable sensors), has made it convenient to also incorporate the assessment of the underlying processes involved in the production of the graphomotor impressions. The most prominent of these are the motor and executive planning skills of a subject. As discussed earlier, the functional attributes captured by the acquisition devices are the  $x$ - and  $y$ -coordinates of the pen position along with their time stamps. In addition to position, pen trajectories, orientation (azimuth and altitude), and pressure, both on-surface and in-air, are also recorded. These functional attributes are then used to compute several features that are difficult (and in some cases impossible) to compute by visual analysis of the offline graphomotor sample. Since the beginning of dynamic handwriting/drawing analysis, research in this field has moved in the following two directions:

- Hand movement analysis during writing or drawing;

- Analysis of the executive planning involved in completing a graphomotor task.

A discussion in the following section details both of these approaches with reference to notable studies in the literature.

### 5.1 Review of methods

We have summarized some of the most notable works in the literature in Table 4. We can observe the evolution of the works, the tasks used and the target pathology studied by the authors. We highlight the main findings of these works as well as the proposed features and classifiers.

In *hand movement analysis*, some theories, such as Nicolas et al. [114], suggest a strong correlation between motor and cognitive skills. The main reason is the commonality of their underlying processes such as sequencing, monitoring, and planning. Thus, kinematic features are one of the most commonly used attributes of drawing and handwriting to discriminate between samples of healthy subjects and patients with various cognitive diseases. In a series of related studies [94, 115, 116], some authors evaluated the performance of various temporal and kinematic features against different static features, in an attempt to identify patient drawings with conditions like VSN and dyspraxia. Simple geometric shapes such as the Necker's cube [117] were used as templates to capture both static and dynamic features. Principal Component Analysis was used to select the most effective features. Studies [94, 116] suggested that a combination of both static and dynamic features further improves the analysis.

The visual and procedural information obtained from CDT drawings of healthy controls, PD patients and individuals with MCI was analyzed in Vessio [28]. The visual analysis of the samples indicated that PD patients degrade the quality of clock components due to motor deficits, but show no signs of poor cognition. In contrast, the drawings of MCI patients were qualitatively similar to healthy controls, but the incorrect positioning of clock hands indicated a cognitive difficulty. In case of procedural analysis based on plotting dynamic features such as velocity and pressure, samples from PD and MCI patients show more peaks than samples of healthy controls, depicting irregularities due to underlying impairments. Although these attributes are successful in discriminating between healthy and diseased samples, they appear to be inconclusive in differentiating between PD and MCI samples. However, the difference is most noticeable in visual analysis due to the misplacement of the clock components by MCI patients.

The most commonly used assessments include handwriting and drawing samples from the elderly population. Most of them suffer manual dexterity because of the aging

**Table 4** Summary of some of the most prominent works that use procedural analysis techniques for automatic assessment

Ref.	Task	Disease	Sub	Algorithm	Findings
<i>Hand movement analysis</i>					
[67]	Words, letters, numbers	Alzheimer & MCI	A	Kinematics, pressure & time (discriminant analysis)	Acc. ranging from 69.0% to 72.0% & poor classification for MCI
[76]	Clock	Depressive disorder	A	Pressure, azimuth & other spatio-temporal attributes (Statistical)	81.1% of acc. with pressure, segment size and time
[60, 70, 72, 75]	Drawing & handwriting	Parkinson	A	Statistical measures on dynamic features (AdaBoost, KNN & SVM)	88.1% of acc. using pen-downs and pen-ups
[86]	Signatures	Alzheimer	A	Sigma-Lognormal parameters (Decision Tree, SVM)	3% of FAR and FRR
[74]	Spiral & meanders	Parkinson	A	Signals converted into images (3-layer CNN)	77.53% and 87.14% of acc. in spiral and meanders, respectively
[79]	Drawing & sentences	Alzheimer & MCI	A	Kinematic and pressure (discriminant analysis)	Results ranged between 63.5% and 100%
[68]	Drawing & words	Parkinson	A	Feature selection on dynamic function-based features (SVM)	90.63% of acc. combining all tasks
[73]	Drawing	Parkinson	A	Kinematic features (NB, Log. Regression, AdaBoost, RF, J48, SVM)	91% of acc. (88% sensitivity, 95% specificity)
[61]	Spiral	Parkinson	A	Fractional derivatives (RF, SVM)	70.55% and 72.39% of acc. with SVM & RF, respectively
[30]	Drawing & handwriting	Parkinson	A	Feature selection on dynamic function-based features (ensemble of classifiers)	74.76% of acc. with the three best tasks
[92]	Sentences	Parkinson	A	Kinematic features (cLDA)	86.05% of acc. by combining kinematic features and pen-downs and pen-ups
[96]	Spiral & meanders	Parkinson	A	Function-based, bag of sampling (BiGRU)	89.48% and 92.24% of acc. with spiral and meanders tasks, respectively
[97]	Drawing & handwriting	Parkinson	A	Conv1D, function-based (C-BiGRU)	89.64% of acc. with the spiral task
[90]	Drawing & handwriting	Parkinson	A	Conv1D, function-based (BiGRU)	96.25% and 94.44% of acc. with <i>III</i> and the spiral task, respectively
<i>Executive planning analysis</i>					
[95]	Drawing & handwriting	Graphomotor developments	C	Geometrical shape modeling (clustering)	Classification acc. ranging from 69.93% to 88.24%
[119]	Drawing	VSN	A	Global features (HMM & expert classification)	78.1% of acc. using a cross drawing
[66]	Cube	Graphomotor developments	C	Graph-based genetic programming (multiple classifiers)	A multi-class AUC score of 0.70
[120]	Sketches	–	N/A	Temporally ordered structural descriptor (string edit distance)	91.11% of accordance rate in the quality of the produced sketch
[121–123]	Drawing	Graphomotor developments	C	Global features (SVM)	Success rate of 63.48% in correlating the estimated drawing strategy and the predicted handwriting performance

In the subject column, Sub, C/A indicates Children and Adult subjects.

effect [118] and are affected by various neurodegenerative diseases such as PD and AD. While motor deficits become evident in later stages of AD, these are one of the first symptoms of PD. Graphomotor-based parkinsonian

conditions include bradykinesia (slowness of movement), tremor (irregularity) and micrographia (shrinking of letters). Among their several works (see Table 4), the main contribution of Drotár et al. has been the compilation of the

benchmark dataset PaHaW [71, 75], comprising several handwriting tasks together with the conventional Archimedean spiral. This dataset is commonly used by studies looking to evaluate the effectiveness of novel handwriting features for evaluating PD samples.

In both Tables 3 and 4 we can observe that the use of deep learning techniques has recently become popular. Competitive performance has been reported in the handwriting sample analysis from PD patients, e.g. [74, 87, 89, 124, 125].

Another trend concerns the observation of the *executive planning* adopted by the subject during drawing/writing. For example, some subjects trace the contours of the figure to be copied, others put points first and then connect them with segments, and so on. Although the idea is not that recent, it has gained renewed popularity due to the availability of online data acquisition systems. Such analysis focuses on the behavior and preferred drawing/writing strategy of the subject while producing a response, rather than the final product or hand movement. This is also referred to as the “grammar of action” [121]. Additionally, optoelectronic systems have been proposed to analyze the drawing gestures of patients with disabilities [126–129].

## 5.2 Challenges and opportunities

Both hand movement and executive planning techniques do not depend on the visual feedback of the final response, but rather rely on the features that represent the motor and cognitive functionalities employed during the process. Although the additional information provided by procedural analysis may provide a better understanding of the pathophysiological changes associated with the disease, research in this direction requires greater interdisciplinary correspondence to establish norms. For example, studies such as Impedovo et al. [30]; Drotár et al. [71]; Müller et al. [77, 78] which extracted various hand movement-based features, have shown that the nature of the task employed for the acquisition of these novel features has a significant impact on their predictive performance. The same features, when extracted from two different templates, can lead to a different outcome for the same disease. For this reason, Drotár et al. [75] suggested employing unconventional tasks based on handwriting instead of just using the traditional spiral drawing, to discriminate between PD patients and healthy controls. However, in Pereira et al. [74], spiral drawing outperformed an unconventional meander task, when pressure signals were employed. This requires careful consideration of the feature-task relation to avoid feature validity issues. Changing conventional test templates can lead to resistance from target users, namely clinical professionals. To bridge the gap between clinical practices and AI-based solutions,

proposed techniques must first improve results on conventional models and then suggest modifications that need to be decided by the physician.

Dynamic handwriting analysis offers the opportunity to evaluate various attributes including kinematic, temporal and pressure measures. However, almost all the studies reviewed in the literature indicate the insufficiency of these features when used independently. Consequently, a combined high dimensional feature vector approach was adopted, as shown for example in Impedovo et al. [30]; Taleb et al. [68]; Garre-Olmo et al. [79]; Jerkovic et al. [92]. In some cases [66, 76, 94], these additional features were combined with static visual features to improve their performance. A first fusion-based approach can give negative results due to the different nature of the combined features. Indeed, feature selection and fusion have been implemented in different ways.

Although many studies realize the impact of template selection on feature performance, most of these works combine features extracted from multiple templates due to the scarcity of data. This can lead to overall performance degradation, as suggested in Impedovo et al. [30]. Instead of combining the features extracted from all tasks before training a single classifier, a late fusion-based approach, such as majority voting, should be adopted where the decision of each task is considered separately.

Studies such as Drotár et al. [60, 70]; Müller et al. [77, 78]; Jerkovic et al. [92] supported the effectiveness of a new mode called “in-air”, in which the kinematic and temporal features can be calculated while the pen does not touch the surface. The authors attribute the success of this modality to the fact that the width of the pause between writing/drawing strokes increases due to underlying motor (in case of PD) or cognitive (in case of AD) dysfunction [130, 131]. Although the rationale is valid and the performance of the modality in discriminating between healthy and diseased samples is promising, it is inconclusive whether the same modality can distinguish between diseased samples with overlapping conditions. This concern was discussed in Vessio [28], where discrimination based on visual analysis of CDT samples taken from a PD and an AD patient proved more effective than procedural analysis. One of the main reasons contributing to this is that procedural analysis techniques based on hand movement are not designed to characterize visuo-spatial and visuo-perceptual patterns, which are necessary assessments in most cognitive dysfunctions. Further exploration is needed in this direction, until a strong visual analysis technique can prove more effective in differential diagnosis.

Techniques that evaluate the quality of a graphomotor response by analyzing the preferred drawing/writing strategy also provide a promising

approach [66, 95, 119–121, 123]. However, before such techniques can mature, it is necessary to develop models for a correct strategy. Although these techniques are more suitable for rehabilitation purposes, their success in characterizing handwriting is not yet conclusive and calls for more in-depth research investigations.

## 6 Concluding remarks and future directions

This paper presented a review of the various trends and approaches used to analyze graphomotor tasks for disease diagnosis. A contextual categorization of the relevant works has been proposed based on the method of analysis used. Popular features and estimation methods have also been discussed. While each technique has its inherent strengths and limitations, several high-level open issues need to be considered to integrate modern technology effectively into traditional clinical settings. We are, in fact, still a long way from an inclusive technological solution that doctors can use and trust in the current medical practice.

**Standardized data acquisition and system deployment** One of the main problems is the sample acquisition mode used. Techniques that rely on the analysis of traditional paper-based samples require digitization using a scanner or digital camera. The digitized images are then pre-processed to make them suitable for automated analysis. Like any handwritten document analysis system, preliminary localization, segmentation, and recognition tasks must be performed before analysis. On the other hand, techniques that support online sample acquisition require modification of conventional test conducting protocols. Because of this, such systems may encounter hesitation from target users, i.e. clinicians and patients. These problems are exacerbated by the lack of a commonly accepted standardized protocol for data acquisition. This includes not only the tasks but also the device because there are interoperability issues as well [132, 133]. Computer scientists and clinicians need to work much more in synergy so that the latter can effectively communicate their practical needs and these can be met by implemented solutions. This raises many other questions related to the performance of the final implemented system, how its results are provided as feedback to the physician and its human-computer interaction. Once finally implemented in current practice, the system should also be continuously monitored and evolved to adapt to concept drifts [134].

**New analysis objectives** Each test has a different and, in most cases, extensive scoring criteria that require effective translation of clinical manifestations (domain knowledge) into computable features to make an inference similar to

the clinical practitioner. Two common approaches are adopted in the literature: these include hand-crafted heuristics and supervised machine learning. Heuristics are mostly exhaustive and rigid and may not prove sufficient in most real-life applications due to the highly unconstrained nature of the responses. In contrast, machine learning approaches can generalize a wide variety of situations but require a large amount of training data, a well-known problem in this domain. With this in mind, a deeper exploration of both approaches is required before applying to the issue under consideration. In particular, a problem with data collection and classification goals is the so-called differential diagnosis and prediction of the actual degree of disease severity. Most systems only address the healthy/diseased binary classification task. However, it is not always the disease diagnosis that matters for doctors (which can sometimes be quite simple for them), but the ability of the system to detect the stage of the disease, differentiate diseases with overlapping conditions, and monitor the responsiveness of patients to therapy. Furthermore, most of the studies have dealt with the Western script. However, some studies, such as Ammour et al. [135], have recently analyzed combined French and Arabic tasks from bilingual subjects. Another open question is the different methodologies that could be successfully transferred from one script to another. Lessons learned from this type of research can also be successfully transferred to similar systems where the focus is not on handwriting but on similar movement impairments. Important examples include finger tapping [136], keystroke dynamics [137], and touchscreen typing [138] for diagnostic purposes. In summary, research efforts should be made in non-standard directions as well.

**Benchmark dataset** As mentioned above, another important problem is data scarcity. Like most health-related problems, the lack of sufficient training data is a major limiting factor in designing a computerized analysis system for any neuropsychological test. Being a highly domain-specific problem, sample acquisition and ground truth labeling must be made by domain experts. Failure to do so can cast doubt on the validity of the system. Since smaller datasets are common in most real-life medical scenarios, robust techniques need to be developed to overcome cardinality issues. The different communities should work much more in synergy to guide research towards developing a large benchmark dataset periodically updated with new specimens and tasks that reflect human behavior: temporal evolution, aging, tasks, posture, emotions, multiscripts, collection devices, protocols, and so on. It is worth highlighting that a similar idea has been done in related health studies, such as neuroimaging. Popular examples include ADNI [139] and OASIS [140]. This



synergy, together with the aforementioned standardized data acquisition method and the culture of “transparency”, which is still missing in this line of research, could finally favor the emergence of a large unified dataset to support the community. In other words, large projects that integrate joint efforts in collecting data in different places are needed in this research field. Furthermore, with the increasing level of maturity achieved by data augmentation and generative techniques, the problem of data scarcity can also be mitigated by the injection of synthetic but plausible samples into the training data. Promising directions have already been drawn recently in the more general context of written text generation [141, 142].

## 7 Conclusion

Concluding, bridging the gap between the latest technology and conventional practices requires serious attention from both the AI community and domain experts. An acceptable trade-off between accuracy and explainability of the solution needs to be defined to allow for integrating emerging techniques into this significant but less explored research area. On the other hand, medical data contain sensitive information. Thus, doctors are obligated to keep patient medical records, often handwriting, safe and confidential. In a computerized context, applications to de-identify anonymous handwriting data are welcome [143]. Further ethical issues should also be taken with special attention, as the machine cannot completely replace the human expert (who will otherwise be responsible for the final decision on the patient?). Therefore, the most critical step is to give more attention to the research area itself. Due to the lack of direction and the highly domain-specific nature of the research, the state-of-the-art is mostly sporadic and disconnected. More attention is needed to enable domain maturity and to provide generic frameworks.

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## Declarations

**Conflict of interest** The authors declare they have no conflict of interest.

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